



## **2017 13-15 Provincial Team Selection Criteria**

*Updated April 21, 2017 (please see yellow highlights for new information)*

A Component of the 2019 Canada Games Training Pool Activities

*\*Please also refer to the Synchro Swim Ontario Selection to Provincial Team Policy*

<p><b>Competitive Event:</b></p>	<p><b>Event:</b> SYNC (Synchro Youth Natation Challenge), July 26-29<sup>th</sup>, Edmonton, Alberta  <b>Location:</b> Edmonton, Alberta  <b>Event Dates:</b> July 26-29<sup>th</sup>  <b>Travel Dates:</b> Wednesday July 26<sup>th</sup> (Outbound)  Sunday July 30<sup>th</sup> (Inbound)</p> <p><i>*Note: Athletes selected to the 13-15 Provincial Team will continue on to the next phase of the Canada Games Athlete Training Pool (See 2019 Canada Games Team Plan)</i></p>
<p><b>Training Plan:</b></p>	<p><b>Top 16 2-day Selection Camp</b>  Dates: June 17-18, 2017  <b>Location:</b> Etobicoke Olympium  <b>Times:</b> 9:00am-3:00pm (times to be confirmed)</p> <p><b>Top 10 Pre-Competition Training Camp</b>  <b>Camp Dates:</b> July 3 – July 25<sup>th</sup>  <b>Location:</b> TPASC (Toronto Pan Am Sports Centre)  (Approx. 18 training days, off-days TBD)</p>
<p><b>Team Fees/Costs:</b></p>	<p>Phase 1 &amp; Phase 2 cost is entry fee for 13-15 Figures (\$29.00)  Phase 3 cost for Top 16 camp (2 days) will be \$150.00</p> <p><b>Team Fee for Final 13-15 Team: \$3700.00 (all-inclusive)</b>  Note – 2017 Team Fee includes:</p> <ul style="list-style-type: none"> <li>• <b>All Training/Competition Fees</b></li> <li>• <b>Uniform:</b> Yoga jacket, t-shirt, training suit, team caps, competition suit/head piece, and black backpack (if athlete does not already have one from previous Provincial Teams). Does NOT include black pants/bottoms &amp; black deck shoes. Does NOT include additional items as decided by the coach/team athletes &amp; parents.</li> <li>• <b>Accommodation:</b> SYNC Competition Hotel (Standard Double Room, double occupancy, x4 nights)</li> <li>• <b>Meals:</b> Includes most meals while at competition (Hotel Breakfast x4 days, Dinner x4 days). Does NOT include lunches or meals on travel days (athletes will need to bring cash to cover these meals, coaches and/or parent volunteer will arrange meal pick-up as needed).</li> </ul> <p><b>Travel:</b> Includes return flight from Toronto to Edmonton, plus bus travel to/from hotel and competition venue. Does NOT include travel insurance. <b>Note:</b> If parents wish athlete to return on a different itinerary, they will be responsible for the full cost and for notifying the travel agency directly to make changes.</p>

**Eligibility:**

Selection is open to both Competitive National and Competitive Provincial stream athletes. Athletes must satisfy the following conditions:

1. Be aged 13, 14 or 15 by December 31, 2017 (13-15 Provincial Team)
2. Be registered and in good standing with Synchro Swim Ontario and hold a current CASSA Membership.
3. Be an Ontario resident as of September 1 of the year in which the competition is held.
4. Pay any required fees.
5. At the time of Phase 3 of the selection events, be able to participate fully in all provincial team activities including selections, training, demonstrations, travel and competitions
6. Complete all parts of the selection process as required.

**Authority for Selection:**

The Synchro Swim Ontario board of directors (the “board”) has delegated the authority for all decision making under the Selection to Provincial Team Policy to the Athlete Selection Committee. The role of the Athlete Selection Committee is to make observations throughout Phase 3 of the selection process.

The Athlete Selection Committee will consist of:

- SSO High Performance (“HP”)/Technical Lead
- Team Head and Assistant Coaches
- SSO Sport Development Manager

The Athlete Selection Committee will record their feedback during Phase 3 of the selection process and will meet to discuss the team selection. Minutes will be taken to ensure that all information discussed is documented. These minutes will be confidential to the Committee.

The final decision-making authority to determine which athletes will be selected to the final 13-15 Provincial Team (Top 10) will rest with the Synchro Swim Ontario HP/Technical Lead. The Sport Development Manager is responsible for ensuring that the process outlined in this document and the Selection to Provincial Team Policy is properly followed and that the selection process is fair and equitable for all candidates. The Sport Development Manager reserves the right to ask other Synchro Swim Ontario representatives to help and support her in this task.

Roles and Responsibilities:

**1. Synchro Swim Ontario HP/Technical Lead**

- Observes and records feedback on athletes during the selection process
- Ensures the selection process is followed and appropriate reasoning and rationale are provided
- Provides expertise to ensure the best team of athletes is selected. This may include adding athletes on the basis of exceptional performance during the season (e.g., at Canadian Qualifier Championships, Canadian Espoir Championships or National Team Trials), prior to Phase 3 of the selection process, if the HP/Technical Lead believes this is appropriate
- Acts as Mentor Coach to the selected coaching team and provides overall leadership as required
- Makes the final decision regarding the selection of athletes

**2. Team Head & Assistant Coaches**

- Observes and records feedback on athletes during the selection process
- Contributes feedback and observations to the Synchro Swim Ontario HP/Technical Lead

**3. Synchro Swim Ontario Sport Development Manager**

- Observes and records feedback on athletes during the selection process
- Provides expertise as a coach and SSO staff member to ensure the best team of athletes is selected
- Ensures the selection process is followed and appropriate reasoning and rationale are provided

If for any reason any of the above mentioned individuals are unavailable to participate in the selection committee, SSO will select the next best-suited individual to replace them.

**Byes:**

The privilege of granting byes will be given at the discretion of the Athlete Selection Committee. The bye process must be followed including proper and official written documentation by the athlete requesting a bye including a written explanation and doctor's note. The Synchro Swim Ontario Competition Bye Request Form is available on the SSO website at [www.synchroontario.com](http://www.synchroontario.com).

**Appeals Process:**

Decisions regarding Provincial Team selections are subject to appeal pursuant to the Synchro Swim Ontario Appeal Policy, which is available on the SSO website at [www.synchroontario.com](http://www.synchroontario.com).

**The Selection Process:**

**Phase 1:**

**A) Provincial Championships 13-15 Figure Event**

Phase	Date	Selection Event	Calculation	Selection	Notes
1	Feb 17-19, 2017	Provincial Championships 13-15 Figure Event	100% Figures	Top 32	Advance to Phase 2

**Notes:**

1. Provincial Stream 13-15 to enter event as Exhibition and pay \$29.00 figure entry fee.
2. Should an athlete decline their participation in Phase 2, they may be replaced by the next ranked athlete from Phase 1.
3. Athletes may be added on the basis of exceptional performance during the season, prior to Phase 3 of the selection process, if the HP/Technical Lead believes this is appropriate.

**Phase 2:**

**A) Top 32 13-15 Figure Event to be held before Hilton Invitational to select Top 16 Training Squad**

Phase	Date	Selection Event	Calculation	Selection	Notes
2	April 6, 2017	Top 32 13-15 Figure Event to be held before Hilton Invitational <i>(will be first event on Thursday, April 6th)</i> . Figure group to be drawn 2 weeks in advance, with group swum at Provincials removed <i>(draw posted by Noon on March 23, 2017)</i> .	100% Figures	Top 16	Advance to Phase 3

**Notes:**

1. Figure group to be drawn two (2) weeks in advance
2. To not swim the same figure group as Phase 1, the figure group drawn at Provincial Championships will be removed from the draw
3. Should an athlete decline their participation in Phase 3, they may be replaced by the next ranked athlete from Phase 2
4. Should an athlete be selected to a National Team, the next eligible athlete as ranked in Phase 2 will be invited to participate in Phase 3
5. Athletes may be added on the basis of exceptional performance during the season, prior to Phase 3 of the selection process, if the HP/Technical Lead believes this is appropriate.

**Phase 3:**

**A) June Top 16 13-15 Training Camp**

Phase	Date	Selection Event	Calculation	Selection	Notes
3	June 17-18, 2017 (tentative)	2-Day Training Camp (Etobicoke Olympium)	n/a	Top 10 13-15s Selected	Team Selection and participation at SYNC and invitation to continue on to the next phase of the Canada Games Athlete Training Pool (See 2019 Canada Games Team Plan)

**Notes:**

1. The number of selected athletes may change from year to year depending on the competitive event and related requirements
2. Should an athlete decline to participate on a Provincial Team, they may be replaced by the next ranked athlete from Phase 3.

The Top 16 athletes will be invited to a 2-day training camp. The purpose of the 2-day camp is to select the team based on the routine assessment combined with figure results. The goal of this phase is to select the best

possible team of 10 athletes. Factors that will be considered in selecting the “team” will include physical, mental and technical aspects of the sport, as well as team dynamics. It is understood that in selecting the best possible “team”, the best individual athletes may not be selected.

### **Phase 3 Selection Criteria:**

The Athlete Selection Committee (refer to Appendix A) will review and discuss the following evaluations, observations, and attributes during Phase 3 to select the 10 athletes for the 2017 13-15 Team:

- Execution in routine skills (height in egg beater, height in vertical figure, height in position figure 1 leg, height in ballet leg, rapid and precise arm movement, rapid and precise leg movement, flexibility and extension, lightness in the routine)
- Propulsion and movement (in figures, egg beater, kicks, and figures in the team routine)
- Synchronization
- Training endurance (endurance in complete routines, consistency in training, giving best effort at all times, maintaining high intensity, timed swim)
- Competencies in Synchro Canada aligned LTAD testing
- Abilities in lifts (as a flyer, as a springer, as a pusher, having explosive strength to maintain a lift)
- Body and facial expression (must demonstrate body expression, energy, aggressive movements and as requested, be able to demonstrate one or several facial expressions during a routine)
- Behaviour and attitude (professional behaviour: punctuality, commitment/dedication, leadership, work ethic, concentration/focus, openness to comments, ability to self-evaluate, quick correction, communication)
- Psychological and physical readiness to handle the training camp and competition
- Team Chemistry – relationship with team mates, relationship with coaching staff and experts.

### **APPOINTMENT OF THE 13-15 TEAM SOLO(S) AND DUET(S) & ALTERNATES IF APPLICABLE**

Appointments for the solo(s), duet(s) and alternate(s) on provincial team will be based on the selection process and selection criteria described in this document and the Selection to Provincial Team Policy.

The Athlete Selection Committee will also consider the following criteria, listed below in priority of importance:

- Results and experience in Provincial and National Competitions
- Technical and artistic ability based on their own assessment as well as judges' scores from Competition
- Compatibility with athlete combinations, other athletes and coaches
- Physical competition readiness and physical suitability.

The Athlete Selection Committee may solicit feedback from other technical experts to assist in making their decision. The SSO HP/Technical Lead has the final decision making authority regarding the naming of solo(s), duet(s) and alternate(s) on provincial team.