



**Synchro Swim Ontario is currently seeking a Support Coach for the Regional Training Centre – Ontario**

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JOB LEVEL: Support Coach (Part Time Contract)  
REPORTS TO: Head Coach, Regional Training Centre - ONTARIO  
JOB LOCATION: Toronto Pan Am Sports Centre – Toronto (Scarborough), Ontario  
TERM: October 15, 2018 – June 30, 2019  
HOURS: Approximately 6-12 hrs/wk as athlete schedule varies weekly  
POSITIONS: 1-2 Support Coaches

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**OVERVIEW**

The Regional Training Centre Support Coach will be responsible for supporting the RTC Head Coach with aspects of the design, content implementation, and monitoring the results of a comprehensive daily training environment as well as a competition program for the athletes participating at the Centre. The program will promote the consistent and continuing development of Canadian artistic swimming performances and the achievement of specific performance benchmarks in National Championships, Junior World Championships, and ultimately Olympic Games, World Championships and other major international events.

**CORE COMPETENCIES**

- Demonstrates a clear understanding of the needs of the partners involved in and the purpose of the Regional Training Centre – Ontario.
- Demonstrates a solid sense of direction and purpose aligned with the vision, mission and mandate of Canada Artistic Swimming and Synchro Swim Ontario particularly as it relates to High Performance Development.
- Understands and supports the High Performance athlete profile required for athletes selected to participate in the RTC.
- Behaves in an ethical, professional, honest, respectful, trustworthy, fair manner, honouring commitments and treating athletes, fellow coaches and others with respect.
- Demonstrates excellence and inspires excellence in others, ensuring quality and alignment with National Team programming, raising the standards for athlete program delivery.

**SPECIFIC DUTIES**

The RTC - Support Coach reports and is accountable to the RTC Head Coach and to the RTC - Ontario Executive Committee.

**Athlete Preparation**

- The RTC-Support Coach is responsible for supporting the RTC Head Coach with planning, implementation, monitoring and evaluation of athlete training and preparation for competition.
- Be responsible to execute this YTP and subsequent training plans, as directed by the RTC-HC and support the RTC-HC competitive activities of the athletes for which he/she is assigned.
- Under the leadership of the Head Coach, execute the various choreography strategies necessary for the RTC and Canada to achieve overall results.
- Support the Head Coach in implementing sport science testing programs to ensure regular physiological, psychological, medical, and technical monitoring of training programs.
- Support the Head Coach and athletes at competitions.
- Maintain regular communication with the Head Coach and athletes.

**Coaching Education and LTAD Implementation**

- Support the development, implementation and analysis of educational opportunities for coaches involved within the RTC, high performance and domestic system in collaboration with the Head Coach and the RTC Executive Committee.

- Participate in coaching education opportunities for coaches provided by the PSO, CSIO, as well as the National Sport Organization.

#### **Administration of NextGen Program**

- Attends, when requested various meetings.
- When appropriate, promotes the RTC program to the membership, corporate sponsors and the general public.
- Performs such other duties as may, from time to time, be requested by the RTC Head Coach or the RTC Executive Committee in order to best ensure the realization of high performance plan objectives.

#### **Other Duties and Responsibilities**

- Performs the duties stated as a responsible employee of the Association observing and supporting all policies and procedures as set by the Synchro Swim Ontario Board of Directors and observing all policies and requirements of the Association.
- Represent the vision, mission and values of Synchro Swim Ontario and Canada Artistic Swimming, and conducts oneself according to ethical standards generally accepted in business

#### **QUALIFICATIONS**

- Artistic Swimming Specific Level Competition Development, equivalent level 3 or 4 NCCP level, including successful completion of Make Ethical Decisions (MED) evaluation.
- Previous experience in a leadership capacity at the National Team level is preferred.
- University degree in sport or coaching related field to be added to the artistic swimming specific experiences will be considered as an asset
- Experience as National Team Coach in Canada or abroad will be considered.

#### **KEY SKILLS**

- Excellent inter-personal and communication skills
- Comprehensive understanding of international artistic swimming and a clear understanding of Synchro Swim Ontario and Canada Artistic Swimming structure and programs
- Proven ability to work with athletes as required
- Proven ability to take direction when required and to support a Head Coach
- Ability to work within a team environment
- Ability to prepare (written) seasonal plans for specific training groups integrating the following four components: physiology, psychology, technical and choreography preparation
- Ability to use video and other software to do effective video analysis.
- Demonstrated ability to stay current with trends and innovation in the sport
- Sound judgement and decision making
- Complete commitment to the current vision of the organization

#### **OTHER REQUIREMENTS**

- Flexibility in working hours, ability to work evenings and weekends and holidays as required and agreed to in advance
- Available for travel including weekends and holidays
- Successful candidates must complete the Respect in Sport for Activity Leaders online module
- Provide a completed Vulnerable Persons Criminal record check

#### **COMPENSATION**

The compensation will be based on the successful candidate's qualifications and experience as well as hours per week and competition/travel requirements throughout the season.

#### **APPLICATION PROCESS**

Apply in confidence by sending your cover letter and resume by October 10, 2018 via email to the RTC Executive Committee at [rtc@synchroontario.ca](mailto:rtc@synchroontario.ca).