

COACH CERTIFICATION





Synchro Swim

ONTARIO

RECREATIONAL





Swim Synchro Instructor



STEP 1

Register with Synchro
Ontario and participate
fully in a “Swim Synchro”
workshop/course

1 day or 4 – 6 hours

Must be 13 years old

COST: \$95*

= CERTIFIED



RECREATIONAL/NOVICE



TRILLIUM INSTRUCTOR





STEP 1

Register with Synchro Ontario and participate fully in a “Trillium Instructor” workshop/course

1 day or 6 – 8 hours

Must be 14 years old

Cost: \$135*

= CERTIFIED



NOVICE/COMPETITIVE



Competition Introduction

(Comp Intro)



A stylized graphic of a flame, rendered in shades of yellow, orange, and red, positioned on the left side of the slide.

Step 1

Register with Synchro Ontario
and participate fully in a “Comp
Intro” workshop/course

1 weekend or 2 – 8 hour days

Must be 15 years old

Cost: \$300

= TRAINED



Step 2

Go to www.coach.ca and

Register for a Make Ethical Decisions –
Competition Introduction course

OR

Register on line (\$85) and complete the on-
line evaluation



Step 3



Complete all aspects of the Coach Portfolio



Step 4

Go to www.synchroontario.com and

Complete the CI Evaluation Request form

Email completed form to
coachtraining@synchroontario.com



Synchro Ontario will assign an evaluation

The assigned evaluator will contact the candidate

The candidate will send the portfolio + \$50 to the evaluator for marking

The evaluator will give feedback to the candidate and
IF necessary candidate will resubmit required documents

Step 5



Step 6

The evaluator and candidate will schedule the IN Training evaluation (\$50)

The evaluator will give feedback to the candidate and IF necessary an action plan will be developed

Step 7



The evaluator and candidate will schedule the IN
Competition evaluation (\$50)

The evaluator will give feedback to the candidate
and IF necessary an action plan will be developed

= CERTIFIED





Coach Pathway- Competition - Introduction

Coach Training Pathway

Make Ethical Decisions*

3.5 hours

Context

Instructor, Competition Introduction,
Competition Development

Introduction Module*

1hr 10 min class

Design a Sport Program Module*

5hr class

Plan a Practice Module*

1hr 40 min class

Support Athlete in Training and

Competition Module*

2hr 15 min class

Analyze Performance Module*

1.5 hr class, 1 hr in pool

Coach Evaluation Pathway

Make Ethical Decisions (MED) On-line Evaluation

<http://nccpeval.coach.ca/production/med/e/default.asp>

Context

Instructor Competition Introduction Competition Development

Competition Introduction Evaluation*

Coach must submit a portfolio, be observed by an Evaluator while training his/her athletes and also observed while his/her athletes are competing at an event

Outcomes

- 1) Design a Sport Program 2) Plan a Practice 3) Provide Support to Athletes in Training
- 4) Support the Competitive Experience 5) Analyze Performance

= **Certified Competition Introduction**

Maintenance of Certification/Professional Development

Within 4 years after certification date the coach must participate in one of the options listed below

- A. Participate in any 2 modules offered by the NCCP (Including Multisport, Synchro Specific, or other Sport Related)
- B. Participate in Learning Facilitator Training
- C. Participate in 2 Days of Conference

* Any other events may be pre-approved by your Synchro Provincial Office or the Synchro Canada office.

Legend

Solid Red Box – Mandatory Broken Orange Box – Optional but Strongly Recommended

*Blue Asterisk – To register contact you Provincial Multi-Sport Org. (ex. Sport BC)

*Pink Asterisk – To register contact your Provincial Synchro Org. (ex. Synchro PEI)

In Training – will be your status if you have completed some but not all of the training modules

=Trained Competition Introduction



Competition Development

(Comp Dev)



A stylized graphic of a flame, rendered in shades of yellow, orange, and red, positioned on the left side of the slide.

Step 1

Register with Synchro Canada and
participate fully in a “Comp Dev”
workshop/course

2 weekends or 4 – 10 hour days

Must be 16 years old

Cost: \$750

= TRAINED



Step 2

Go to www.coach.ca and

Register for a Make Ethical Decisions –
Competition Development course

OR

Register on line (\$85) and complete the on-line evaluation



Step 3

Go to www.coach.ca and

Register for a Managing Conflict course (\$85)



MANAGING CONFLICT

AND

Register for Leading a Drug Free Sport course
(\$85)



LEADING DRUG-FREE SPORT

Step 4

Complete all
aspects of the
Coach Portfolio





Step 5

Contact Jadine Cleary jadine@synchro.ca
to request an evaluator



Synchro Canada will assign an evaluation

The assigned evaluator will contact the candidate

The candidate will send the portfolio to the evaluator
for marking

The evaluator will give feedback to the candidate and
IF necessary candidate will resubmit required
documents

Step 6



Step 7

The evaluator and candidate will schedule the IN Training evaluation

The evaluator will give feedback to the candidate and IF necessary an action plan will be developed

Step 8



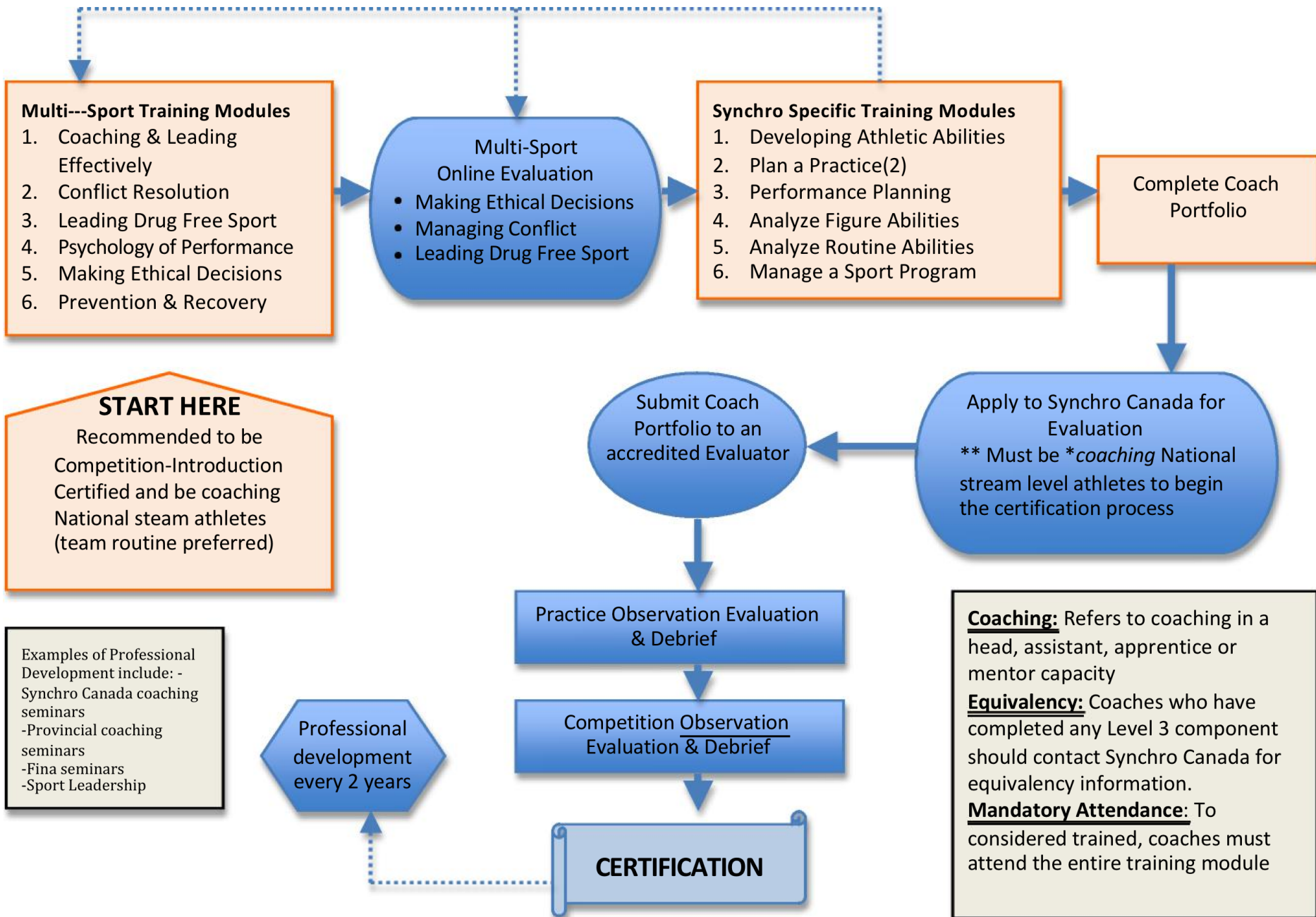
The evaluator and candidate will schedule the IN
Competition evaluation

The evaluator will give feedback to the candidate
and IF necessary an action plan will be developed

= CERTIFIED



NCCP Competition-Development Pathway for Synchro Canada







Synchro Swim

ONTARIO

Recertification



Re-cert every 3 years

Competition Intro & Dev



Recertification

In order for NCCP coaches to maintain their certified status, they will be required to obtain Professional Development (PD) points.

PD points can be earned through a multitude of activities that coaches already participate in, including: national and provincial sport organization conferences and workshops, eLearning modules, NCCP workshops, coach mentorship programs, and active coaching. In most cases coaches are already earning their required PD points –

Maintenance of Certification Status is simply the introduction of tracking these points and recognizing coaches for their efforts.

www.coach.ca



**the
locker**

Click here to check your PD points.

BIATHLON COMPETITION - INTRODUCTION

SINCE

EXPIRES

P.D. POINTS

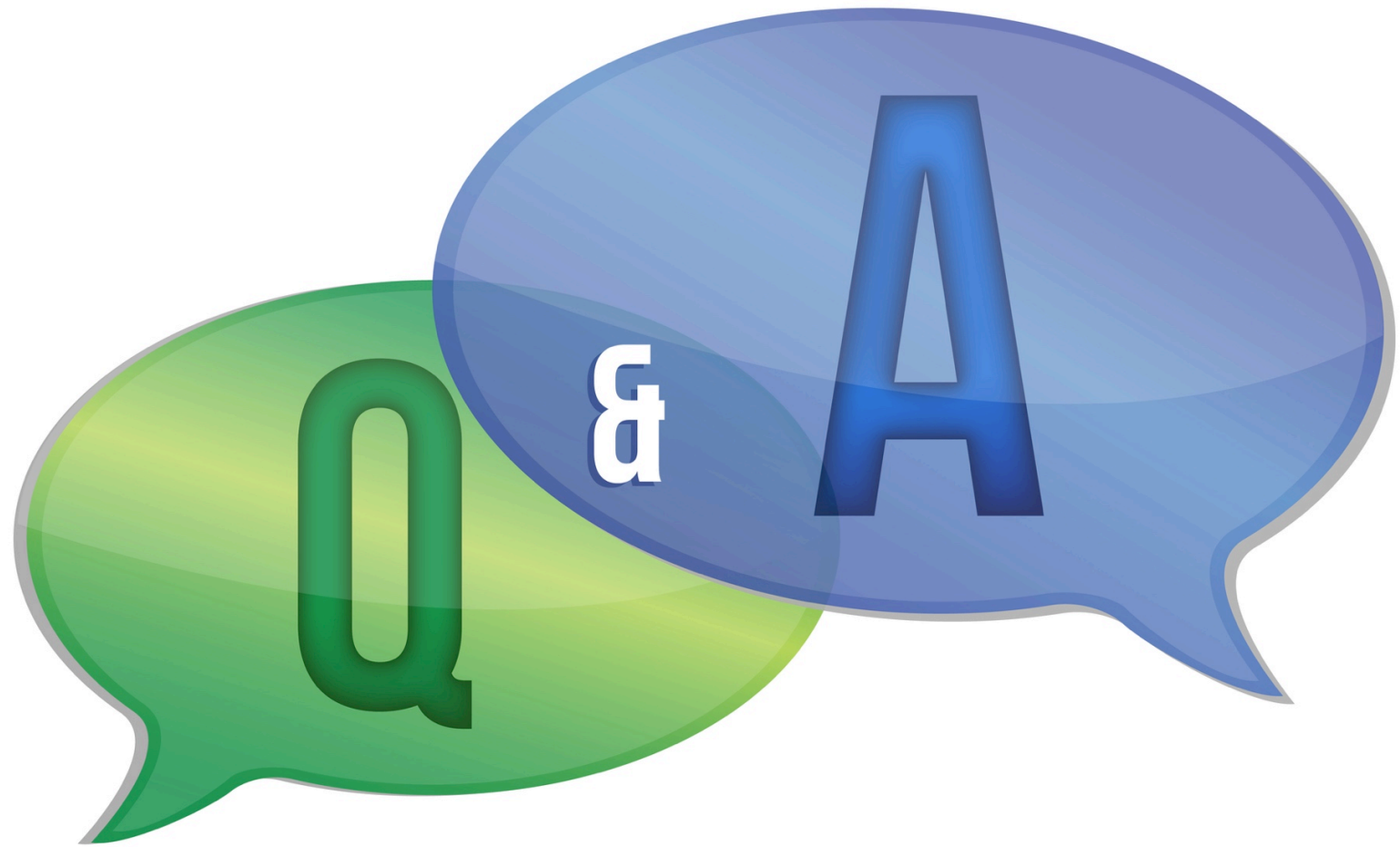


Certified

12-Oct-2010

Jan 2019

12/20



Programs	Synchro Ontario Swim Synchro Instructor	Synchro Swim Ontario Trillium Instructor	Competition Introduction (NCCP)	Competition Development* (NCCP)
		Offered in 2 streams: 1) Candidates with synchro experience 2) Aquatic Instructors with no synchro experience (+2 hrs)		*Delivered by Synchro Canada
Min Age	<ul style="list-style-type: none"> 13 yrs 1 month grace period (can be 12 and 11 months) 	<ul style="list-style-type: none"> 14 yrs 1 month grace period (can be 12 and 11 months) 	<ul style="list-style-type: none"> 15 yrs BUT cannot be certified until candidate is 16yrs 	<ul style="list-style-type: none"> 16 yrs
Pre-reqs	<ul style="list-style-type: none"> Bronze Star/Medallion preferred Synchro experience an asset 	<ul style="list-style-type: none"> Swim Synchro Instructor Bronze Medallion or Bronze Cross preferred Synchro experience an asset 	<ul style="list-style-type: none"> Trillium Instructor and NLS preferred 	<ul style="list-style-type: none"> Comp Intro
LTAD Stage	<ul style="list-style-type: none"> FUNDamentals (6-8) 	<ul style="list-style-type: none"> FUNDamentals (6-8) and Learn to Train (8-11) 	<ul style="list-style-type: none"> Learn to Train (8-11) and Train to Train (11-15) 	<ul style="list-style-type: none"> Train to Train (11-15) and Train to Compete (15-21)
Overview	<ul style="list-style-type: none"> ROUTINE based synchro program for aquatic instructors to teach synchro lessons at the community level Best for ages 6+ with some swimming skills (Fundamentals) Also used at the club level for beginner recreational programming 	<ul style="list-style-type: none"> Synchro Ontario SKILLS based synchro program Targeted for recreational and novice swimmers (Fundamentals/L2T) Good Instructor program for teenage swimmers who are beginning to coach/instruct One-day courses for certification 	<ul style="list-style-type: none"> Required minimum Provincial Stream coaching qualification Must complete outcomes with evaluator (Portfolio, In-Training & In-Competition) 	<ul style="list-style-type: none"> Required minimum National Stream coaching qualification Must complete outcomes with evaluator (Portfolio, In-Training & In-Competition)

Evaluation & Accreditation	<ul style="list-style-type: none"> Evaluated & Accredited through completion of course Making Ethical Decisions (MED) Instructor 	<ul style="list-style-type: none"> Evaluated & Accredited through completion of course Making Ethical Decisions (MED) Instructor 	<ul style="list-style-type: none"> Successful completion of Outcomes as determined by a Comp Intro Evaluator Must complete MED Comp Intro (CAC online component) 	<ul style="list-style-type: none"> Successful completion of Outcomes as determined by a Comp Dev Evaluator Must complete MED Comp Dev Managing Conflict Leading a Drug Free Sport (CAC online component)
Hrs	<ul style="list-style-type: none"> 4 hrs 	<ul style="list-style-type: none"> 6 hrs (for those with synchro experience) 8 hrs (for those with no synchro experience) 	<ul style="list-style-type: none"> 16 hrs 	<ul style="list-style-type: none"> 40 hrs
Re-cert	<ul style="list-style-type: none"> Re-cert every 3 years 	<ul style="list-style-type: none"> Re-cert every 3 years 	<p>In order for NCCP coaches to maintain their certified status, they will be required to obtain Professional Development (PD) points. PD points can be earned through a multitude of activities that coaches already participate in, including: national and provincial sport organization conferences and workshops, eLearning modules, NCCP workshops, coach mentorship programs, and active coaching. In most cases coaches are already earning their required PD points -- Maintenance of Certification Status is simply the introduction of tracking these points and recognizing coaches for their efforts.</p>	
Cost	<ul style="list-style-type: none"> As per Synchro Swim Ontario Finance Policy 	<ul style="list-style-type: none"> As per Synchro Swim Ontario Finance Policy 	<ul style="list-style-type: none"> As per Synchro Swim Ontario Finance Policy 	<ul style="list-style-type: none"> As per Synchro Canada
Mat Incl.	<ul style="list-style-type: none"> Manual and DVD 	<ul style="list-style-type: none"> Manual and hand-outs 	<ul style="list-style-type: none"> Manual (Synchro Canada) 	<ul style="list-style-type: none"> Manual (Synchro Canada)



2016 - 2017