**Synchro Swim Ontario**

***Quest for Gold* – Ontario Athlete Assistance Program 2017-2018**

**ATHLETE SELECTION APPLICATION**

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| Applicant Name: |  |
| Full Address: |  |
| Email: |  |
| Phone Number: |  |

**Please submit full and complete responses to the following questions:**

1. Please describe your personal performance targets that align with the overarching goal of “Quest for Gold” – “improving the performance and number of Ontario athletes performing at the national and international level, thereby contributing to the improved performance of Canada at international competitions.”

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1. Please specifically outline your individualized training plan for the 2017-18 season as per the Synchro Swim Ontario Sport Specific Selection Criteria #4. This should include training hours per week (land/water), strength training, extra routines, training camps, planned competitions, etc.

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1. Please state as per the Synchro Swim Ontario Sport Specific Selection Criteria #5 “Order of Card Allotments” how you qualify for nomination for Ontario card status.

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1. Please outline the expenses that your Quest for Gold funding would be applied towards (as per the Quest for Gold Ontario Athlete Assistance Program Overview):

*What are the eligible expenses that a carded athlete can spend funding on obtained through the Quest for Gold - Ontario Athlete Assistance Program?*

*Carded athletes receiving funding under the Ontario Athlete Assistance Program can spend funding obtained only on the following items:*

* *Normal living costs;*
* *Costs directly associated with training (e.g. coaching, facility fees, other athlete services);*
* *Costs associated with attending training camps and competitions (e.g. entry fees, travel costs);*
* *Sport-specific equipment; and*
* *Tuition and education related expenses (e.g. books, fees, commuting costs).*

Please be specific (list item and approximate amount) and provide as much detail as possible.

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| **Example:***Club Registration Fees - $5000**Travel Costs to National Qualifier - $500**Etc.* |

1. As per the Ministry of Tourism, Culture and Sport Eligibility Criteria, ***“If eligible, the athlete must compete, and continue to compete solely for Ontario and/or Canada for one year from the date of the Minister’s letter informing the athlete of acceptance into OAAP program, at Canada Games and other national competitions involving provincial team competitions”***, please confirm your intent to compete for the 2018-2019 season in accordance with these guidelines, stating the specific age group you will be competing in and your goals for the 2018-2019 season including competitions you intend to compete at.

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***I have read, understand and acknowledge the Quest for Gold – Ontario Athlete Assistance Program and Synchro Swim Ontario Athlete Selection Criteria, and hereby submit my application in accordance with the posted criteria.***

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**To Apply:**

Rankings will only be compiled by the Selection Committee for athletes that submit an Athlete Selection

Application Form as outlined below.

All required information as on the Synchro Swim Ontario Quest for Gold – Ontario Athlete Assistance Program

– Athlete Selection Application Form posted on the Synchro Swim Ontario website (www.SynchroOntario.com)

must be completed and submitted no later than **Monday, January 29, 2018** via the following two

options only (mail or email to the quest for gold email address):

**Synchro Swim Ontario Quest for Gold Selection Committee**

**89 Galaxy Boulevard, Unit 12, Etobicoke, ON M9W 6A4**

**Email: questforgold@synchroontario.com**

**Phone number: 416-679-9522**

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| ***IMPORTANT:******DO NOT*** *pass applications to staff or board members to submit on your behalf, nor email applications to staff email addresses. Applications MUST be mailed or faxed to the Synchro Swim Ontario office or emailed to questforgold@synchroontario.com* ***ONLY*** *or they will not be considered valid or to have been received by the deadline.* |

Any athlete requesting a “Residency Exception” must submit this information by **Monday January 29, 2018** as detailed in the Selection Criteria.

It is the sole responsibility of the athlete to provide a full and complete application that meets all stated requirements. Synchro Swim Ontario will neither review applications in advance of the deadline in order to make applicants aware of any missing/incorrect information and/or attachments nor make corrections on behalf of the athlete. Any revisions on the part of the athlete will only be accepted prior to the posted submission deadline.

Applications that are sent directly to the Ministry of Tourism, Culture and Sport rather than to Synchro Swim Ontario will not be considered valid or to have been received by the Synchro Swim Ontario deadline.

An email will be sent by Tuesday January 30th, 2018 confirming receipt. It is the athlete’s responsibility to contact Synchro Swim Ontario if this email is not received to be certain that the application has been successfully received by the deadline date.

The Sports Organization – Athlete Agreement will only come into effect if an athlete is selected and accepts carding status through the OAAP program. Athletes who fail to return a signed Athlete Agreement by the deadline date will not be carded.

Synchro Swim Ontario will publish or make known a draft list of athletes nominated for Ontario Card status by no later than February 16, 2018.