

Development Training Camps

Development Camp OR SYNC Training Camp

Date: June/July 2021

Location: TPASC

Age Groups: 11-12, 13-15 & Junior

OR

Pre-Season Development Camp

Date: September/October 2021

Location: TPASC

Age Groups: 11-12, 13-15 & Junior

OR

Event: Pre-Season Development Camp

Date: October/November 2021

Location: TPASC

Age Groups: 11-12, 13-15 & Junior

POSSIBLE Competitive Events

SYNC Invitational (Participate)

Date: July 2021

Location: Quebec

Age Groups: 11-12, 13-15 & Junior

Tentative schedule for Camp (SYNC preparation): TBD

OR

FINA Youth & Junior Worlds (Observe)

Date: August 21-29 2021

Location: Quebec City

Age Groups: 11-12, 13-15 & Junior

OR

Event: Christmas Prize

Date: December 2021

Location: Europe

Age Groups: 13-15 & Junior

Tentative schedule for Camp (Christmas Prize preparation): TBD

Provincial Development Camp

OAS will continue to monitor the Ontario, Municipal and Regional COVID-19 Response Frameworks. The final decisions, based on all safety protocols being met, will be made by **May 31, 2021.**

Selection Process Summary		
Athlete Assessment	Description	Other/Score
Coach Nomination	Each athlete's club coach will be asked to submit a mandatory athlete nomination to contribute information to the Athlete Portfolio	See sample outline below
Previous Figure & Routine Scores	2019/2020 figure scores (Lisa A) and 2021 figures and routine scores will be assessed. Figure scores from 2019/2020 competitions will be tracked along with any applicable routine scores	2020-2021 2019-2020 2018-2019 (if available)
Skill (Dryland) Testing	Dryland Routine testing results will be assessed	2020-2021
Talent ID Scout Recommendations	Recommendations from Talent ID Scouts	2020-2021
Final Selection for OAS Training Camp	Invitation Only based on Coach Nomination, Previous Results, Skill (Dryland) Testing and Talent ID Scout Recommendations	JUNE 11, 2021
Final Selection for Provincial Teams	Final athlete selection for teams, competing in sanctioned events, will take place during the training camp	2021 TRAINING CAMP

OTHER:

Number of athletes in each age category

	JUNIOR AGE GROUP	13-15 AGE GROUP	11-12 AGE GROUP
CAMP ONLY *	MAX 16	MAX 32	MAX 24
COMPETITION *	MAX 12	MAX 20	MAX 20

**Maximum numbers are subject to change.*

Selection Committee – HP Committee

No Byes



2021 Ontario Provincial Team

Athlete Nomination Form

Athlete Name:	
2020-21 Club:	
Team you are nominating the athlete for: (11-12, 13- 15 or JR)	
Coach Nominating:	
Coach Email:	

Please answer the following questions in full using the CAS "Tools to Win" athlete evaluations forms as a reference.

1) Please describe what athleticism strengths this athlete nominee has:
2) Please describe what artistic swimming skill strengths this athlete nominee has:
3) Please describe the intangible (behaviours and attitudes) strengths that this athlete nominee has:
4) What areas do you have targeted for improvement for this athlete?
5) Further comments on why this athlete is an ideal candidate

Please submit your nomination form to Mary-Jane Ling mjling@ontarioartisticswimming.ca

DEADLINE FOR SUBMISSION IS MONDAY MAY 31, 2021

TEAMS WILL BE ANNOUNCED WEDNESDAY JUNE 9, 2021

Tools to Win (Gold Medal Profile)			
Technical	Tactical	Physical	Mental/Social
Elements & Execution	Artistic Impression	Athleticism	Intangibles
Elements	Ability to maintain difficulty of choreography	Flexibility	Podium Habits
Height in hybrid figures, eggbeater kicking & boosts	Synchronisation	Coordination	Focus
Well-defined and accuracy: Hybrid figures / Strokes	Manner of Presentation	Speed	Mindset/Motivation
Flexibility	Ability as a flyer	Aerobic power	Leadership
Ability to swim in pattern		Speed Endurance	Team Player
Extension		Power Endurance	Performance on demand
Efficiency & Smoothness and apparent effortlessnes		Strength Endurance	Resilience
Stability and control		Stamina	
Strength, power and energy level			