



## AquaGO! Instructor FULL Online Course

- Dates:** OAS will offer 3 separate courses – 1 in June and 2 in July (see detailed schedules below)
- Candidate:** These online AquaGO! courses are for new coaches or previously trained Comp Intro+ coaches who will be delivering the AquaGO! Program in their clubs.
- Facilitator:** JUNE - Jaime Thompson and JULY - Kara Heald and Amanda Jackson
- Platform:** ZOOM – it is the participant’s responsibility to ensure you are prepared. If you do not have the app make sure you have enough time on the start date of the course to follow the link to install the app.
- Register:** Registration is via the [Artistic Swimming Coach website](#) > Coach Calendar. Registration is open to ON residents first and will be on a first come first serve basis. Min. of 6 and max. of 12 participants.
- Fee:**
- \$150 online course fee – payable to Ontario Artistic Swimming\*
  - Additional fees for prerequisites and micro-teaching evaluation – see below
- \$150 Payment to OAS is made after prerequisites are completed as per the following options:**
- E-transfers at [oaspayments@ontarioartisticswimming.ca](mailto:oaspayments@ontarioartisticswimming.ca)
  - PayPal invoice – subject to 3% administration fee – request invoice from [Sue at smwall@ontarioartisticswimming.ca](#)
  - [smwall@ontarioartisticswimming.ca](mailto:smwall@ontarioartisticswimming.ca)
- Cheques payable to Ontario Artistic Swimming must receive them by the registration deadline
- \*Please reference the AquaGo! Course date and the candidates name.
- There will be no refunds after the registration deadline.**

### Prerequisites:

- Candidates must be 15 – no exceptions
- Pre-req #1: AquaGO! Preclinic Reading & Quiz - \$50 (payable on [artisticswimmingcoach.ca](http://artisticswimmingcoach.ca))
- Pre-req #2: [CAS LTAD Framework Reading](#) & Quiz – No fee (on [artisticswimmingcoach.ca](http://artisticswimmingcoach.ca))
- Pre-req #3: S4L Intro to Physical Literacy Module via [sportforlife.ca campus](http://sportforlife.ca/campus) - \$24.95
- Pre-req #4: Coach Association of Canada (CAC) Coach Initiation in Sport via [coach.ca](http://coach.ca) - Fee \$15
- **NOTE:** The registration ‘button’ for the online course will open to candidates who complete their prerequisites.

**Micro-teaching Evaluation:** \$10 – payable directly to evaluator once assigned

### Course Information:

- The course will be open to ON coaches first. OAS will contact provinces when we open registrations outside of ON.
- A minimum number of 6 must be registered to run the course and a maximum of 12 will be accepted.
- Candidates must participate via video and audio – candidates must be visible throughout the course. It is your responsibility to ensure your equipment is working.



- Candidates will be considered registered once all prerequisites are completed and OAS has received payment.
- Candidates will receive a link to participate in the workshop no later than 2 days before the start date.
- After completing modules 1-5, candidates will be eligible to coach however MUST still complete a skills performance review and a 15 minute micro-teaching session. Information for this will be provided following the course. Once COVID-19 restrictions are lifted and coaching returns to normal candidates will have a limited time to complete these requirements in order to receive full credit as being trained.
- To complete certification please see the information on the [ASC website > Coach Pathway](#).
- The AquaGo! course is the prerequisite to the Competition Introduction Course.

#### **DETAILED SHCHEDULE JUNE 21-25, 2021 (Registration Deadline June 11, 2021)**

<b>Modules</b>	<b>Date</b>	<b>Time</b>
Module 1: Delivering AquaGo! • NCCP Overview • Review Locker, CAS Coach Pathways & <a href="http://artisticswimmingcoach.ca">artisticswimmingcoach.ca</a>	June 21st	7:00-9:00pm
Module 2: LTAD & Fundamental Movement Skills	June 22nd	7:00-9:00pm
Module 3: Swimming Fundamental Skills	June 23rd	7:00-9:00pm
Module 4: Bring a Lesson Plan to Life	June 24th	6:30-9:30pm
Module 5: Artistic Swimming Skills	June 25th	6:30-9:30pm

#### **DETAILED SHCHEDULE JULY 5-9, 2021 (Registration Deadline June 26, 2021)**

<b>Modules</b>	<b>Date</b>	<b>Time</b>
Module 1: Delivering AquaGo! • NCCP Overview • Review Locker, CAS Coach Pathways & <a href="http://artisticswimmingcoach.ca">artisticswimmingcoach.ca</a>	July 5th	9:00-11:00am
Module 2: LTAD & Fundamental Movement Skills	July 6th	9:00-11:00am
Module 3: Swimming Fundamental Skills	July 7th	9:00-11:00am
Module 4: Bring a Lesson Plan to Life	July 8th	9:00am-12:00pm
Module 5: Artistic Swimming Skills	July 9th	9:00am-12:00pm

#### **DETAILED SHCHEDULE JULY 21-25, 2021 (Registration Deadline July 9, 2021)**

<b>Modules</b>	<b>Date</b>	<b>Time</b>
Module 1: Delivering AquaGo! • NCCP Overview • Review Locker, CAS Coach Pathways & <a href="http://artisticswimmingcoach.ca">artisticswimmingcoach.ca</a>	July 19th	9:00-11:00am
Module 2: LTAD & Fundamental Movement Skills	July 20th	9:00-11:00am
Module 3: Swimming Fundamental Skills	July 21st	9:00-11:00am
Module 4: Bring a Lesson Plan to Life	July 22nd	9:00am-12:00pm
Module 5: Artistic Swimming Skills	July 23rd	9:00am-12:00pm

