

VICE PRESIDENT'S YEAR AT A GLANCE

453 Coaches

276 Competitive 177 Recreational *16 University 47 Clubs

25 Provincial 11 University 11 Community

2,445 Swimmers

1268 Competitive 10 AWD 122 Masters 1045 Recreational 152 University

2016 - 2017 IN NUMBERS

100 Officials

24 National 76 Provincial

> 166 General Members

1012 Volunteers

SYNCHRO SWIM ONTARIO

REPRESENTS APPROXIMATELY

1/3 OF SYNCHRO CANADA'S

MEMBERSHIP



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HILTON WORLDWIDE 101 TEAMS

(3 Out of Province Teams)

NOVICE MEET 320 ATHLETES

19 MASTERS TEAMS

TRILLIUM CHAMPIONSHIPS

273 ATHLETES

(7 Out of Province Athletes)

AGE GROUP CHAMPIONSHIPS
638 ATHLETES

(30 Out of Province Athletes)

Swim Synchro/Trillium Instructor

Competition Introduction

COACH TRAINING

Burlington • 10 Candidates Trained Toronto • 52 Candidates Trained

Guelph • 7 Candidates Trained Ottawa • 8 Candidates Trained

Toronto • 15 Candidates Trained Ontario • 8 Fully Certified

OFFICIALS TRAINING

Toronto

• 11 Candidates Trained (Level 1)



COSSC Junior & Senior Nationals 14 Podium Finishes 5 National Team Athletes

ESPOIR 13-15 Nationals9 Podium Finishes5 National Team Athletes

ESPOIR 11-12 Nationals
6 Podium Finishes

ESPOIR AWD Nationals
2 Podium Finishes

ALL Our Athletes had a VERY Successful Season

2016-2017 saw Synchro Swim Ontario continue:

T2T Program

Novice Regional Meets

RTC – Regional Training Centre – Ontario
Club Conference Calls Every Six Weeks

New Initiatives: L2T Program L2T Land Routine LTAD Pilot Testing

We also had 2 additions to the office staff team. WELCOME Ellen Blainey and Jennifer Knobbs!!