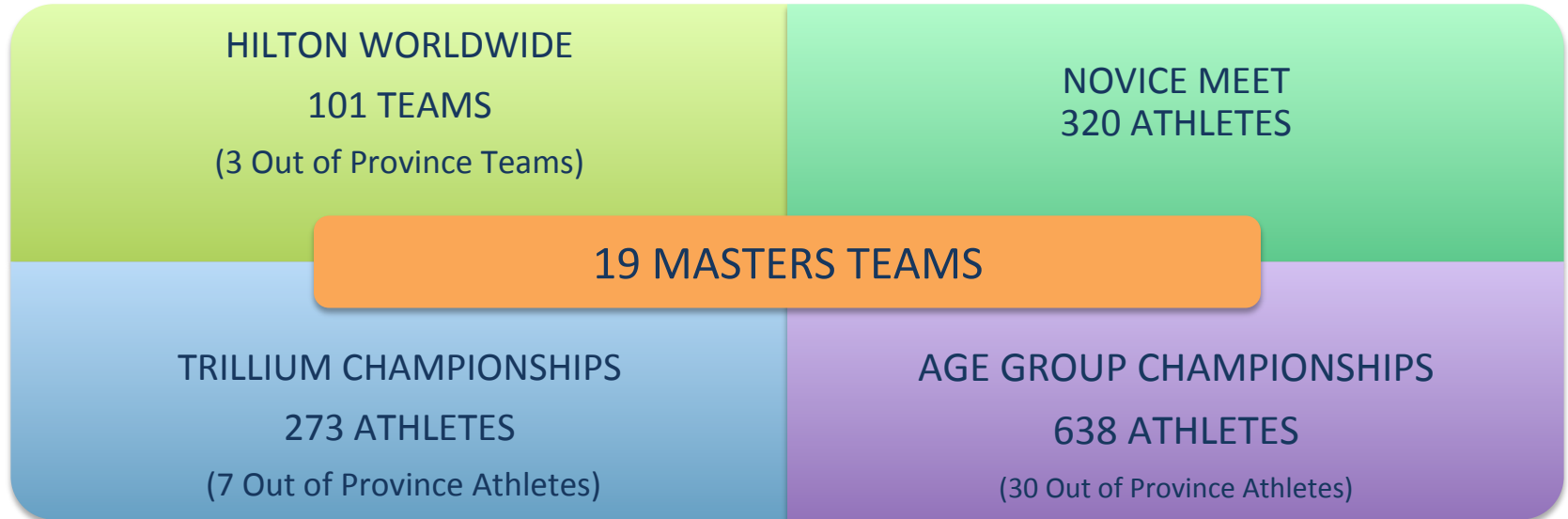


VICE PRESIDENT'S YEAR AT A GLANCE



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COACH TRAINING

Swim Synchro/Trillium Instructor

Burlington	• 10 Candidates Trained
Guelph	• 7 Candidates Trained
Toronto	• 15 Candidates Trained

Competition Introduction

Toronto	• 52 Candidates Trained
Ottawa	• 8 Candidates Trained
Ontario	• 8 Fully Certified

OFFICIALS TRAINING

Toronto	• 11 Candidates Trained (Level 1)
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COSSC Junior & Senior
Nationals
14 Podium Finishes
5 National Team Athletes

ESPOIR 13-15 Nationals
9 Podium Finishes
5 National Team Athletes

ESPOIR 11-12 Nationals
6 Podium Finishes

ESPOIR AWD Nationals
2 Podium Finishes

ALL Our Athletes had a VERY Successful Season

2016-2017 saw Synchro Swim Ontario continue:

T2T Program

Novice Regional Meets

RTC – Regional Training Centre – Ontario

Club Conference Calls Every Six Weeks

New Initiatives:

L2T Program

L2T Land Routine

LTAD Pilot Testing

We also had 2 additions to the office staff team. WELCOME Ellen Blainey and Jennifer Knobbs!!