



AquaGO! Instructor FULL Online Course

- Dates:** OAS will offer 1 course – January 24-29, 2022 (see detailed schedule below)
- Candidate:** The online AquaGO! course is for new coaches or previously trained Comp Intro+ coaches who will be delivering the AquaGO! Program in their clubs.
- Facilitator:** Amanda Jackson
- Platform:** ZOOM – it is the participant’s responsibility to ensure you are prepared. If you do not have the app make sure you have enough time on the start date of the course to follow the link to install the app.
- Register:** Registration is via the <https://artisticswimmingcoach.ca> > Coach Calendar. Registration is open to all and will be on a first come first serve basis. Min. of 8 and max. of 12 participants. See Attachment for full registration instructions.
- Fee:**
- \$150 online course fee – payable to Ontario Artistic Swimming*
 - Additional fees for prerequisites and micro-teaching evaluation – see below
- \$150 Payment to OAS is made after prerequisites are completed as per the following options:**
- E-transfers at oaspayments@ontarioartisticswimming.ca
 - PayPal invoice – subject to 3% administration fee – request invoice from Sue at smwall@ontarioartisticswimming.ca
- Cheques payable to Ontario Artistic Swimming by January 21, 2022.
- *Please reference the AquaGo! January 2022 Course and the candidate’s name.
- There will be no refunds after the registration deadline.**
- Prerequisites:**
- Candidates must be 15 to register – no exceptions
 - Pre-req #1: AquaGO! Preclinic Reading & Quiz - \$50 (payable on artisticswimmingcoach.ca)
 - Pre-req #2 <https://artisticswimming.ca/i-love-synchro/ltad-framework> & Quiz – No fee (on artisticswimmingcoach.ca)
 - Pre-req #3: S4L Intro to Physical Literacy Module via [sportforlife.ca campus](https://sportforlife.ca/campus) - \$24.95
 - Pre-req #4: Coach Association of Canada (CAC) Coach Initiation in Sport via coach.ca - Fee \$15
 - **NOTE:** The registration ‘button’ for the online course will open to candidates who complete their prerequisites.

Micro-teaching Evaluation: \$10 – payable directly to evaluator once assigned

Course Information:

- This course is open to all coaches.
- A minimum number of 8 must be registered to run the course and a maximum of 12 will be accepted.
- Candidates must participate via video and audio – candidates must be visible throughout the course. It is your responsibility to ensure your equipment is working.



- Candidates will be considered registered once all prerequisites are completed and OAS has received payment.
- Candidates will receive a link to participate in the workshop no later than 2 days before the start date.
- After completing modules 1-5, candidates will be eligible to coach however MUST still complete a skills performance review and a 15 minute micro-teaching session. Information for this will be provided following the course. Once COVID-19 restrictions are lifted and coaching returns to normal candidates will have a limited time to complete these requirements in order to receive full credit as being trained.
- To complete certification please see the information on the <https://artisticswimmingcoach.ca> Coach Pathway.
- The AquaGo! course is the prerequisite to the Competition Introduction Course.

DETAILED SHCHEDULE September 8-11, 2021 (Registration Deadline September 3, 2021)

Modules	Date	Time
Module 1: Delivering AquaGo! • NCCP Overview • Review Locker, CAS Coach Pathways & artisticswimmingcoach.ca	January 24	6:00-8:00pm
Module 2: LTAD & Fundamental Movement Skills	January 25	6:00-8:00pm
Module 3: Swimming Fundamental Skills	January 26	6:00-8:00pm
Module 4: Bring a Lesson Plan to Life	January 28	6:00-8:00pm
Module 5: Artistic Swimming Skills	January 29	9:00am-12:00pm

