BELOW ARE EVENTS OR ACTIVITIES THAT ARE PRE- SANCTIONED, SANCTIONED OR NON-SANCTIONED FOR THE PURPOSE OF CLUB, TEAM, ATHLETE, OR COACH DEVELOPMENT

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| Events that are PRE—SANCTIONED | Notes & Conditions |
| Pre-­sanctioned events refer to events or activities where a sanction request application by the club is NOT required |
| Club Board, Committee, or Coach Meetings (In-person or Virtual | * All participating volunteers and coaches must be properly registered
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| Competitions (In-person or Virtual, OAS or CAS) | * Participation in Ontario Artistic Swimming (OAS) or Canada Artistic Swimming (CAS) competitions
* Sanction covers activities directly related to the artistic swimming events, including related training, team meals and organized group travel1
* All participating athletes must be properly registered
* All participating coaches must be properly registered and meet CAS minimum coach certification requirements
* Clubs should consider applying for EXCESS TRAVEL MEDICAL INSURANCE when travelling outside Ontario2
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| Invitational Meets (In-person or Virtual) | * Participation in invitational meets that have been sanctioned by OAS
* Sanctioned invitational meets are posted on the OAS website
* Sanction covers activities directly related to the artistic swimming event, including related training, team meals and organized group travel
* All participating athletes must be properly registered
* All participating coaches must be properly registered and meet CAS minimum coach certification requirements
* Participation is limited to athletes registered in a competitive stream (i.e., regional league, provincial or national)
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| Private Figures or Routine Practices During Club Pool Time | * Must take place during regular pool time booked by the club in an indoor or outdoor public aquatic facility (Class “A” & “B”)
* All activities must be properly supervised, including use of certified lifeguards
* All participating athletes and coaches must be properly registered
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| Promotional Static Displays (e.g., glass case in pool facility that has club information, photos, etc.) | * Subject to policies established by the pool or recreational facility, as appropriate
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1Travel to an OAS or CAS competition is NOT pre-­sanctioned where a parent, not the club, makes the travel arrangements and athletes are travelling with a parent rather than a coach or chaperone (i.e., individual rather than organized group travel).

2 Applications for Excess Travel Medical Insurance are available from the OAS insurer, Gallagher at IBAM.StoneyCreek.Sports@ajg.com. Excess Travel Medical Insurance covers activities directly related to the artistic swimming event, including related training, team meals and organized group travel. Clubs should consider purchasing additional travel and medical insurance for non-sport related club or team activities such as shopping or going to the beach, concerts, movies or participating in activities like laser tag, horseback riding, etc.

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| Recreational Testing | * All activities must be properly supervised, including use of certified lifeguards
* All participating athletes must be properly registered
* All participating coaches must be properly registered and meet CAS minimum coach certification requirements
* Testing may involve coaches or OAS registered officials
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| Virtual Programming | * Virtual programming may be conducted at any time either as a stand-alone program offering or as a complement to in-person artistic swimming activity
* Virtual programming must be designed to comply with all CAS and OAS [requirements for virtual training](https://ontarioartisticswimming.ca/requirements-for-virtual-training/)
* Virtual programming must be designed to ensure that artistic swimming activity is conducted in an open and observable environment, including following guidance on one-on-one interactions
* All participating athletes must be properly registered
* All participating coaches must be properly registered and meet CAS minimum coach certification requirements
* External experts or consultants must either provide a certificate of insurance or be registered by the club as an Associate Registrant in the CAS online registration system
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| Events that MAY be Sanctioned: Training & Competition | Notes & Conditions |
| A sanction request application must be submitted by the club and approved by OAS. There may be NO INSURANCE without an approved sanction. Any event that takes place without a sanction or with a sanction that does not reflect the event with sufficient detail or accuracy is subject to a FINE |
| Club Try-outs or Testing | * Sanction Request Application A must be submitted and approved
* All activities must be properly supervised, including use of certified lifeguards as appropriate
* Testing MUST involve OAS registered officials
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| Hosting Clinic (e.g., coaching clinics, skills camps, etc.) | * Sanction Request Application A must be submitted and approved
* All activities must be directly related to club, team athlete, or coach development
* All activities must be properly supervised, including use of certified lifeguards as appropriate
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| Hosting Invitational Meets | * Sanction Request Application B – Invitational Meets/ Events must be submitted and approved
* Applications for sanction must be submitted at least 3 MONTHS in advance of the requested date(s), or a late fee applies
* Participation is limited to athletes registered in a competitive stream (i.e., regional league, provincial or national)
* All activities must be properly supervised, including use of certified lifeguards as appropriate
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| Hosting Camp (i.e., camp lasting more than one day) | * Sanction Request Application A must be submitted and approved
* Special Programs Registration form must be submitted for camps lasting more than one day for participants that are NOT already registered with OAS
* FEE for non-­registered participants payable to OAS within 30 days of the conclusion of the event
* All activities must be properly supervised, including use of certified lifeguards as appropriate
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| Hosting Try Synchro Event (i.e., one-day event) | * Sanction Request Application A must be submitted and approved
* Club must collect participant and parent or guardian name and contact information, which must be retained by the club for at least one month to facilitate contact tracing (this information does NOT need to be submitted to OAS)
* All activities must be properly supervised, including use of certified lifeguards as appropriate
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| International Events | * Clubs must advise OAS of any proposed participation in an international competition and request a letter of support
* Written permission for participation in an international event must be obtained from CAS (see the CAS International Competition Bid Policy & Procedure [here](https://artisticswimming.ca/about-canada-artistic-swimming/board-governance/bylaws-and-policies/)). A written letter of support from OAS must be submitted with each bid application
* OAS must receive a copy of CAS’s written approval of the bid prior to the event or there may be no insurance coverage of the event
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| Out−of−province Travel (i.e., excluding CAS competitions, which are pre-­sanctioned) | * Sanction Request Application A must be submitted and approved
* All activities must be properly supervised, including use of certified lifeguards as appropriate
* Sanction covers activities directly related to the artistic swimming event or activity, including team meals and organized group travel 3
* All participating athletes must be properly registered
* All participating coaches must be properly registered and meet CAS minimum coach certification requirements
* Clubs should consider applying for Excess Travel Medical Insurance when travelling outside Ontario or outside Canada4
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| Season Training – In-person – Pool & Dry Land | * Sanction Request Form: Return to Artistic Swimming Activity 2021-22 must be submitted and approved
* In-person regular club training or practices
* Will only be permitted where provincial, municipal, and public health authorities permit this type of activity
* All activities must be properly supervised, including use of certified lifeguards during pool time
* All participating athletes must be properly registered
* All participating coaches must be properly registered and meet CAS minimum coach certification requirements
* External experts or consultants must either provide a certificate of insurance or be registered by the club as an Associate Registrant in the CAS online registration system
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3 Out−of−province travel is NOT sanctioned where a parent, not the club, makes the travel arrangements and athletes are travelling with a parent rather than a coach or chaperone (i.e., individual rather than organized group travel).

4 Applications for Excess Travel Medical Insurance are available from the OAS insurer, Gallagher at IBAM.StoneyCreek.Sports@ajg.com. Excess Travel Medical Insurance covers activities directly related to the artistic swimming event, including related training, team meals and organized group travel.

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| Events that MAY BE Sanctioned: Administration | Notes & Conditions |
| A sanction request application by the club IS required. There may be NO INSURANCE without an approved sanction. Any event that takes place without a sanction or with a sanction that does not reflect the event with sufficient detail or accuracy is subject to a FINE |
| Member or Annual General Meeting, Conference, Clinic, etc. (In-person or Virtual) | * Sanction Request Application A must be submitted and approved
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| Club Social (e.g., September club events, holiday-related events, year-end events, etc.) | * Sanction Request Application A must be submitted and approved
* Will only be permitted where provincial, municipal, and public health authorities permit this type of activity
* Clubs must follow provincial, municipal, and facility rules on capacity limits
* NO ALCOHOL may be supplied or served by club members at this event; a sanction may be considered where alcohol is supplied and served by the venue
* All activities must be properly supervised
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| Club Water Show (including participating in another club’s water show) | * Sanction Request Application A must be submitted and approved
* Will only be permitted where provincial, municipal, and public health authorities permit this type of activity
* Clubs must follow provincial, municipal, and facility rules on spectator attendance
* All activities must be properly supervised, including use of certified lifeguards as appropriate
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| Promotional Event (e.g., mall display or registration event) | * Sanction Request Application A must be submitted and approved
* All activities must be properly supervised
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| Promotional Swim Demonstration | * Sanction Request Application A must be submitted and approved
* All activities must be properly supervised, including use of certified lifeguards as appropriate
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| Events that MAY BE Sanctioned: Fundraising | Notes & Conditions |
| A sanction request application by the club IS required. There may be NO INSURANCE without an approved sanction. Any event that takes place without a sanction or with a sanction that does not reflect the event with sufficient detail or accuracy is subject to a FINE |
| Bingos | * Sanction Request Application A must be submitted and approved
* Subject to legislative and regulatory requirements administered by the Alcohol and Gaming Commission of Ontario (AGCO)
* NO ALCOHOL may be supplied or served by club members at this event
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| Burning Bright | * Sanction Request Application A must be submitted and approved
* All activities must be properly supervised, including use of certified lifeguards as appropriate
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| Fundraising Event (e.g., dinner event, silent auction, etc.) | * Sanction Request Application A must be submitted and approved
* Will only be permitted where provincial, municipal, and public health authorities permit this type of activity
* Clubs must follow provincial, municipal, and facility rules on capacity limits
* NO ALCOHOL may be supplied or served by club members at the event; a sanction may be considered where alcohol is supplied and served by the venue
* All activities must be properly supervised
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| Swim-a-thon | * Sanction Request Application A must be submitted and approved
* All activities must be properly supervised, including use of certified lifeguards as appropriate
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| Tag Days | * Sanction Request Application A must be submitted and approved
* All activities must be properly supervised
* Subject to policies established by municipalities and retailers as appropriate
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| Events that ARE NOT Sanctioned | Comments |
| These events/activities would NOT be sanctioned by OAS (i.e., they are NOT covered by the OAS insurance policy) |
| Activities That Are Not Related to Artistic Swimming | * OAS’s insurance policy is not intended to cover non-artistic swimming related club or team activities such as shopping or going to the beach, concerts, movies, or participating in activities like laser tag, horse riding, etc.
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| Alcohol | * OAS would NOT sanction any event where ALCOHOL is supplied or served by club members at the event
* A sanction MAY be considered by OAS where alcohol is supplied and served by the venue
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| Community Festivals or Parades | * Community festivals or parades should have their own insurance
* OAS would NOT sanction club, team or athlete participation in community festivals or parades
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| High Risk Event or Activities | * Any event or activity considered high risk would NOT be sanctioned
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| Invitational Meets or Events – Recreational or Community Program Swimmers | * Competitive meets or events held for recreational or community program swimmers would NOT be sanctioned
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| Other Competitive Sport Activities | * OAS’s insurance policy is not intended to cover non-artistic swimming activities where a club or team competes against another organization (e.g. slo-pitch, soccer, diving, swimming, etc.)
* To be considered for a sanction, such activities must be used for artistic swimming-related skill development
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| Private Figures or Routine Practices: Non-club Pool Time | * Private figures or routine practices that take place outside of regular pool time booked by the club are NOT sanctioned
* Extra figure practices at public swims, in backyard or private pools in condominium buildings, or in open water would NOT be sanctioned
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| Training at a Private Facility Using a Non-­registered, Third-party Contractor (e.g., local dance, gymnastics or circus school, fitness centre, recreation centre, etc.) | * Club, team, or athlete training at private facilities using non- registered, third-party contractors would NOT be sanctioned
* The facility or third-party contractor should provide insurance for this event
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| Vendors at Events | * OAS’s insurance policy does NOT extend to vendors participating in or providing displays at events
* Vendors must provide proof of their own insurance coverage
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| Virtual Training Led by Third-party Provider | * Any virtual training or workout recommended a club that is led by an external, third-party provider would NOT be sanctioned
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| Form | Comments & Fines |
| Sanction Request Form: Return to Artistic Swimming Activity 2021-22 | * Applications for sanction are required TWO WEEKS prior to the start of in-person artistic swimming activity or programs
* Any event that takes place without a sanction or with a sanction that does not reflect the event with sufficient detail or accuracy is subject to a $500.00 FINE
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| Sanction Request Application A | * Applications for sanction are required TWO WEEKS prior to the event
* Any event that takes place without a sanction or with a sanction that does not reflect the event with sufficient detail or accuracy is subject to a $500.00 FINE
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| Sanction Request Application B – Invitational Meets or Events | * Applications for sanction are required at least THREE MONTHS prior to the requested dates or a $50.00 LATE FEE applies
* Any event deemed by OAS as an Invitational Meet or Event that takes place without a sanction or with a sanction that does not reflect the event with sufficient detail or accuracy is subject to a $500.00 FINE
* Any club that participates in a non-­sanctioned Invitational Meet or Event is subject to a $100.00 FINE
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| Special Program Registration Form | * The Special Program Registration Form and any associated fees must be submitted within 30 days of the conclusion of the event or is subject to a $50.00 LATE FEE
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