

2023 Central/West Winter Regional Meet

Toronto, Ontario

Tentative Schedule # 6

Key	Warm-up	Coaches		Officials	
	8&Under	10&Under	11-12	13-15	
	16-20	Masters	Adapted		
Date	Time	#	Event		
Saturday	9:00am-9:20am	W	10&Under, Adapted & 8&Under Figure Warm-up		
	9:25am-10:30am	62	10&Under Figure Competition (2 Panels)		
	9:25am-9:30am	1	Adapted Figure Competition (1 panel)		
	9:30am-10:30am	27	8&Under Figure Competition (1 Panel)		
	10:35am-10:55am	W	11-12 Figure Warm-up		
	11:00am-12:20pm	85	11-12 Figure Competition		
	12:25pm-12:45pm	W	Masters Mixed Ability, 8U & 10U Team Warm-up		
	12:45pm-12:50pm	1	Masters Mixed Ability Team		
	12:50pm-1:15pm	5	8&Under Team Competition		
	1:15pm-2:00pm	10	10&Under Team Competition		
	2:05pm-2:35pm	W	Masters Free Team, 11-12 Team & Adapted Solo Warm-up		
	2:35pm-2:50pm	3	Masters Free Team Competition		
	2:50pm-2:55pm	1	Adapted Solo Competition		
	2:55pm-3:50pm	13	11-12 Team Competition		
	3:50pm-4:10pm	W	16-20 Team & Masters Tech Team Warm-up		

2018 Hilton Worldwide Invitational

	4:15pm-4:20pm	1	Masters Tech Team Competition
	4:20pm-4:40pm	4	16-20 Team Competition
	4:45pm-5:05pm	W	Masters Tech Duet Warmup
	5:10pm-5:30pm	5	Masters Tech Duet Competition
Sunday	9:00am-9:20am	W	Masters Free Solo Warmup
	9:20am-9:50am	6	Masters Free Solo Competition
	9:55am-10:15am	W	13-15 Team & Masters Free Duet Warmup
	10:15am-11:00am	9	13-15 Team Competition
	11:00am-11:40am	8	Masters Free Duet Competition
	11:40am-12:00pm	W	Masters Tech Solo Warmup
	12:00pm-12:20pm	4	Masters Tech Solo Competition