

2023 North/East Winter Regional Meet

Ottawa

Tentative Schedule # 4

Key	Warm-up	Coaches		Officials	
	8&Under	10&Under		11-12	13-15
	16-20	Masters		Adapted	
Date	Time	#	Event		
Saturday	10:00am-10:30am	W	8&U, 10&U, 11-12 Figure Warm-up		
	10:30am-10:45am	7	8&Under Figure Competition (1 Panel)		
	10:45am-11:05am	11	10&Under Figure Competition (Same Panel as 8U)		
	11:05am-11:10am	2	Adapted Figure Competition (Same Panel as 10U)		
	10:35am-11:10am	20	11-12 Figure Competition (1 Panel)		
	11:15am-11:35am	W	Masters Tech Solo & Masters Tech Duet Warmup		
	11:35am-11:45am	2	Masters Tech Solo Competition		
	11:45am-12:15pm	5	Masters Tech Duet Competition		
	12:15pm-12:35pm	W	13-15 Team, 16-20 Team & Masters Tech Team Warm-up		
	12:40pm-1:05pm	6	13-15 Team Competition		
	1:05pm-1:20pm	3	16-20 Team Competition		
	1:20pm-1:25pm	1	Masters Tech Team Competition		
	1:30pm-1:50pm	W	Adapted Solo, Masters Free Solo & Masters Free Duet Warmup		
	1:50pm-2:00pm	2	Adapted Solo Competition		
	2:00pm-2:10pm	2	Masters Free Solo Competition		
	2:10pm-2:30pm	5	Masters Free Duet Competition		

2018 Hilton Worldwide Invitational

2:30pm-2:50pm	W	Mixed Ability Duet, 8U, 10U, 11-12 Team & Masters Free Team Warm-up
2:50pm-2:55pm	1	Mixed Ability Duet
2:55pm-3:00pm	1	8&Under Team Competition
3:00pm-3:10pm	2	10&Under Team Competition
3:10pm-3:25pm	4	11-12 Team Competition
3:25pm-3:30pm	1	Masters Free Team Competition