

ONTARIO 
ARTISTIC 
SWIMMING

**2023 COACH
COURSES**



Clarification re: NCCP Make Ethical Decisions "MED": Effective September 1, 2020 instructors/coaches will be REQUIRED to take NCCP Make Ethical Decisions TRAINING (3.5 hour module delivered by Provincial/Territorial Coaching Association) as part of their required training (as per our CAS Coach Development Pathway for AquaGO!, Comp Intro & Comp Dev). Note that CAC states "Any coach requiring NCCP trained status will require the NCCP Make Ethical Decisions Training." Instructors/Coaches then complete MED online evaluation as an outcome of their Evaluation and Certification. Anyone who has completed MED online evaluation prior to September 1, 2020 is exempt - this is not retroactive.

Intro to Artistic Swimming – AquaGO!										
NCCP Course	Age Eligibility	LTAD Stage	Context	In Training						
AquaGO! Instructor (Prerequisite to Comp Intro as of April 1, 2021)	15 years of age	Active Start FUNDAMENTALS	Clubs Aquatic Facilities Municipalities	Sport Specific Modules (NSO/PSO): 1. Delivering AquaGO! 2. LTAD & Fundamental Movement Skills 3. Swimming Fundamentals 4. Bring a Lesson Plan to Life 5. Artistic Swimming Skills 6. Practical In-Pool component NCCP Multi-Sport Modules: 1. Make Ethical Decisions Workshop 2. NCCP Emergency Action Plan (EAP) eLearning Workshop						
	Pre-requisites:									
	<input checked="" type="checkbox"/> Member in good standing <input checked="" type="checkbox"/> First Aid Training recommended <input checked="" type="checkbox"/> Mandatory pre-course work: <ul style="list-style-type: none"> • Completes Coach Initiation in Sport online module: https://thelocker.coach.ca • Sport for Life Intro to Physical Literacy course & quiz • CAS LTAD Framework reading & quiz • Required reading 									
					TRAINED			EVALUATION		
						CERTIFIED			<input checked="" type="checkbox"/> AquaGO! Evaluation: <ul style="list-style-type: none"> • Must be 16 years of age • Must have completed AquaGO! in-pool practical/micro-teaching • AquaGO! Evaluation Quiz • AquaGO! Portfolio • Observed delivering an AquaGO! lesson Outcomes: <ol style="list-style-type: none"> 1. Analyze performance 2. Provide support to athletes in training 3. Make Ethical Decisions (online evaluation) 	10 PD points every 5 years

Competitive Program										
NCCP Course	Age Eligibility	LTAD Stage	Context	In Training						
Competition Introduction Revised and effective as of Sep 1, 2020	16 years of age	Learn to Train Train to Train Masters	Clubs Provincial Championships	Sport Specific Modules (NSO/PSO): 1. Introduction 2. Planning for Performance Part 1 3. Introduction to Athletic Abilities and Skills 4. Figure Foundations 5. Developing and Training Routines 6. Planning for Performance Part 2 7. Planning a Practice 8. Analyze Performance 9. Practical In-Pool component						
	Pre-requisites:									
	<input checked="" type="checkbox"/> Member in good standing <input checked="" type="checkbox"/> First Aid Training recommended <input checked="" type="checkbox"/> Required to be AquaGO! "Trained" (completed modules 1-5, in-pool practical and required multisport modules) effective September 1, 2021.									
					TRAINED			EVALUATION		
						CERTIFIED			<input checked="" type="checkbox"/> Competition Introduction Evaluation: <ul style="list-style-type: none"> • Submit Comp Intro Portfolio • In-practice observation and debrief by evaluator • In-competition observation and debrief by evaluator Outcomes: <ol style="list-style-type: none"> 1. Design a sport program 2. Plan a practice 3. Provide support to athletes in training 	20 PD points every 5 years

Competitive Program					Professional Development
NCCP Course	Age Eligibility	LTAD Stage	Context	In Training	Evaluation
Competition Development Advanced Graduation (CDAG)	18 years of age	Train to Train Train to Compete Learn to Win	As per Comp Dev + 13-15 and Junior National Team	Completes the Advanced Coaching Diploma (ACD) (2-year program) Completes CDAG Practicum: (6-12 month minimum) 2 modules: 1. Coach as Performer 2. International Innovation (with practical application component) Practical Coaching component: Coach will work in a high- performance National Team training setting (Example: 13-15/Junior National Team Training Camp/Competition)	The coach will complete the ACD/CDAG final assessment (includes CAS expert & CAC HP expert) CDAG Practicum Evaluation: 1. Coach as Performer 2. International Innovation 3. Practical Coaching Component 4. MED (if not previously completed) Coach will successfully complete these 3 specific projects under the guidance of a mentor/CDAG facilitator. Evaluation will be ongoing through these projects.
	Pre-requisites: ✓ Member in good standing ✓ Competition Development certified ✓ Successfully completed or be currently registered in Advanced Coaching Diploma (ACD) ✓ Identified & selected by Canada Artistic Swimming ✓ CAS 13-15 or Junior National Team Coach				CERTIFIED

Competitive Program					Professional Development
NCCP Course	Age Eligibility	LTAD Stage	Context	In Training	Evaluation
High Performance Coach	18 years of age	Learn to Win Perform to Win	Senior National Team	Completes the Advanced Coaching Diploma ACD (2- year program) or equivalent Completes HP Practicum (6-12 month minimum) or equivalent. 2 modules: 1. Coach as Performer 2. International Innovation (with practical application component) Practical Coaching component: Coach will work in a high- performance Senior National Team training/competition setting (example: apprentice coach/assistant coach at a Senior National Team camp/competition).	The coach will complete the ACD/HP final assessment (includes CAS expert & CAC HP expert) HP Practicum Evaluation: 1. Coach as Performer 2. International Innovation 3. Practical Coaching Component 4. MED (if not previously completed) Coach will successfully complete these 3 specific projects under the guidance of a mentor/HP facilitator. Evaluation will be ongoing through these projects.
	Pre-requisites: ✓ Member in good standing ✓ Identified & selected by Canada Artistic Swimming for HP Program ✓ Competition Development certified (or equivalent) ✓ CAS Senior National Team Coach				CERTIFIED

AquaGO! Instructor Pathway

The AquaGO! Instructor workshop is for instructors working in a recreational non-competitive program. This workshop supports instructors working with recreational levels. The AquaGO! program has two distinct phases toward certification. Completion of each phase provides the instructor with one of two designations: "**Trained**" or "**Certified**".

TRAINED STATUS:

Instructors have completed the following requirements:

- AquaGO! Specific Workshop (NSO/PSO): Delivering AquaGO! Module, LTAD & Fundamental Movement Skills Module, Swimming Fundamentals Module, Bring a Lesson Plan to Life Module, Artistic Swimming Skills Module, In-Pool Practical
- NCCP Multi-sport: Make Ethical Decisions Workshop, Emergency Action Plan eLearning Workshop

CERTIFIED STATUS:

- Portfolio and Evaluation
 - Download and review the AquaGO! Instructor Evaluation Guide [HERE](#) (last revised April 2022)
 - Download the AquaGO! Instructor Evaluation - A step-by-step guide to navigate artisticswimmingcoach.ca [HERE](#) (last revised April 2021)
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Competition Introduction Coach Pathway

(NEW Revised Course as of April 2021)

The Competition Introduction program is the entry point for most competitive coaches in artistic swimming. The course supports coaches working with athletes in the Learn to Train and Train to Train stages of development. The program has two distinct phases toward certification. Completion of each phase provides the coach with one of two designations: "**Trained**" or "**Certified**".

TRAINED STATUS:

Coaches have completed the following requirements:

- Artistic Swimming Specific Workshop (NSO/PSO): Introduction Module, Planning for Performance Part 1 Module, Introduction to Athletic Abilities and Skills Module, Figure Foundations Module, Developing and Training Routines Module, Planning for Performance Part 2 Module, Planning a Practice Module, Analyze Performance Module Module, Practical In-Pool component Module
- NCCP Multi-sport: Make Ethical Decisions Workshop (if not previously completed), Making Head Way in Sport eLearning Workshop, Emergency Action Plan eLearning Workshop (if not previously completed), Sport Nutrition eLearning Workshop, Basic Mental Skills Workshop, Teaching and Learning Workshop

CERTIFIED STATUS:

- Portfolio and Evaluation
 - Download and review the Competition Introduction Evaluation Guide [HERE](#) (last revised August 2021)
 - Download and review the Competition Introduction Portfolio [HERE](#) (last revised August 2021) - note that Portfolio word template is provided in Comp Intro workshop documents for coaches who take the course.
 - Download and review the Competition Introduction Evaluation Rubric [HERE](#) (last revised August 2021)
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Competition Development Coach Pathway

The Competition Development program is for competitive coaches in artistic swimming. The course supports coaches working with athletes in Train to Train and Train to Compete stages of development. The program has two distinct phases toward certification. Completion of each phase provides the coach with one of two designations: "**Trained**" or "**Certified**".

Please note all Comp Dev inquiries (training or evaluation) should be sent to: coaching@artisticswimming.ca

TRAINED STATUS:

Coaches have completed the following requirements:

- Artistic Swimming Specific Workshop (NSO/PSO): Developing Athletic Abilities Module, Plan a Practice (2) Module, Performance Planning Module, Analyze Figure Abilities Module, Analyze Routine Abilities Module, Manage a Sport Program Module
- NCCP Multi-sport: Coaching & Leading Effectively Workshop, Managing Conflict Workshop, Leading Drug-Free Sport Workshop, Psychology of Performance Workshop, Make Ethical Decision Workshop (if not previously completed), Prevention & Recovery Workshop, Making Head Way in Sport eLearning Workshop (if not previously completed)

CERTIFIED STATUS:

- Portfolio and Evaluation
- Download and review the [Competition Development Evaluation Guide](#)
- Download and review the [Competition Development Portfolio](#) (please note a word version is provided in workshop documents for clinic registrants)



AquaGO! Program Assistant Course

The AquaGO! Program Assistant role is designed to provide important support to Canada Artistic Swimming's AquaGO! program – making it more effective and engaging for the participants.

The AquaGO! Program is designed to help create strong, solid foundations for the participants, and therefore quality instruction of basic and fundamental skills is critical.

Program Assistants allow for more eyes to be on the participants, more feedback to be given, and more 1:1 interaction to take place during a lesson. This will facilitate the improvement of participant skills at a faster rate all while ensuring participant safety, well-being, and overall enjoyment of the program.

AquaGO! Program Assistants are volunteer “helpers” who have been trained by an AquaGO! Learning Facilitator to assist AquaGO! Instructors with lesson delivery of the AquaGO! program.

Ontario Artistic Swimming AquaGO! Program Assistant Course Information

Pre Requisite: A minimum of 13 years of age with First Aid training recommended

Course Dates: OAS will offer 2 courses in 2023 – 1 in August and 1 in September (see detailed schedule below)

Register: Use the link below listed with the specific course you want to take

Fee: \$25

- E-transfers to oaspayments@ontarioartisticswimming.ca
- PayPal invoice – subject to 3% administration fee – request invoice from Sue at smwall@ontarioartisticswimming.ca
- Cheques payable to Ontario Artistic Swimming – OAS must receive payment one week in advance of the course start date
- Please reference the AquaGo! Program Assistant Course and the candidate's name.
- **There will be no refunds after the registration deadline.**

General Info:

- Candidates must participate via video and audio – candidates must be visible throughout the course. It is your responsibility to ensure your equipment is working.
- Candidates will receive a ZOOM link to participate in the workshop no later than 2 days prior to the course start date



DETAILED SCHEDULE FOR AUGUST 23, 2023

	Date	Time
	Wed Aug 23	7:00pm-9:00pm
Registration Link: https://ontarioartisticswimming.formstack.com/forms/aquago_program_assistant_course_copy		

DETAILED SCHEDULE FOR SEPTEMBER 8, 2023

	Date	Time
	Fri Sep 8	6:00pm-8:00pm
Registration Link: https://ontarioartisticswimming.formstack.com/forms/aquago_program_assistant_course_copy_copy		





2023 OAS AquaGO! INSTRUCTOR COURSES

- Dates:** OAS will offer 3 courses in 2023 – 1 in August, 1 in September (see detailed schedule below)
- Facilitator:** Amanda Jackson
- Platform:** ZOOM – it is the participant’s responsibility to ensure you are prepared. If you do not have the app make sure you have enough time on the start date of the course to follow the link to install the app.
- Register:** Registration is via the [Artistic Swimming Coach website](#) > Coach Calendar. Registration is open to all coaches on a first come first serve basis. Min. of 10 and max. of 16 participants.
- Fee:** \$150 online course fee – payable to Ontario Artistic Swimming

\$150 Payment to OAS is made after prerequisites are completed as per the following options:

E-transfers at oaspayments@ontarioartisticswimming.ca

PayPal invoice – subject to 3% administration fee – request invoice from Sue at smwall@ontarioartisticswimming.ca

Cheques payable to Ontario Artistic Swimming – OAS must receive payment one week in advance of the course start date

*Please reference the AquaGO! course date and the candidate’s name.

There will be no refunds after the registration deadline.

Ontario Coaches are eligible for up to \$500 reimbursement through the Coaches Association of Ontario Coach Enhancement Bursary Program” Click here to apply <https://www.coachesontario.ca/programs-resources/funding-for-coaches/>

- Prerequisites:** Candidates must be 15 years of age to register – no exceptions
- Pre-req #1: AquaGO! Preclinic Reading & Quiz - \$50 (payable on artisticswimmingcoach.ca)
- Pre-req #2 <https://artisticswimming.ca/i-love-synchro/ltad-framework> & Quiz – No fee on artisticswimmingcoach.ca
- Pre-req #3: S4L Intro to Physical Literacy Module via sportforlife.ca campus - \$24.95
- Pre-req #4: Coach Association of Canada (CAC) Coach Initiation in Sport via coach.ca - Fee \$15

NOTE: The registration ‘button’ for the online course will open to candidates who complete their prerequisites.

Course Information:

- The course will be open to all coaches.
- A minimum number of 10 must be registered to run the course and a maximum of 16 will be accepted.



- Candidates must participate via video and audio – candidates must be visible throughout the course. It is your responsibility to ensure your equipment is working.
- Candidates will be considered registered once all prerequisites are completed and OAS has received payment.
- Candidates will receive a link to participate in the workshop no later than 2 days prior to the start of the course
- After completing modules 1-5, candidates will need to complete Module 6 (In Pool) to be eligible to coach.
- To complete certification please see the information on the [ASC website > Coach Pathway](#).

DETAILED SCHEDULE FOR AUGUST 25-27, 2023

	Date	T
MODULES 1-5	Fri Aug 25	6:00pm-9:30pm
	Sat Aug 26	9:00am – 5:00pm
	Sun Aug 27	1:00pm – 5:00pm

DETAILED SCHEDULE FOR SEPTEMBER 29 – OCTOBER 1, 2023

	Date	Time
MODULES 1-5	Fri Sept 29	6:00pm-9:30pm
	Sat Sept 30	9:00am – 5:00pm
	Sun Oct 1	1:00pm – 5:00pm





ONTARIO ARTISTIC SWIMMING IN POOL PRACTICAL WORKSHOPS

AquaGO! In Pool Practical

When: Sunday September 17, 2023

Time: 1:00pm-5:00pm

Where: Toronto Pan Am Sport Centre
875 Morningside Ave
Toronto

Cost: \$75

Registration: artisticswimmingcoach.ca

AquaGO! In Pool Practical

When: Saturday October 21, 2023

Time: 1:00pm-5:00pm

Where: Toronto Pan Am Sport Centre
875 Morningside Ave
Toronto

Cost: \$75

Registration: artisticswimmingcoach.ca



2023 OAS COMPETITION INTRODUCTION COURSES

- Dates:** OAS will offer 3 courses in 2023 – 1 in August and 1 in October (see detailed schedule below)
- Facilitator:** Jennifer Scott
- Platform:** ZOOM – it is the participant’s responsibility to ensure you are prepared. If you do not have the app make sure you have enough time on the start date of the course to follow the link to install the app.
- Register:** Registration is via the [Artistic Swimming Coach website](#) > Coach Calendar. Registration is open to all coaches on a first come first serve basis. Min. of 10 and max. of 16 participants.
- Fee:** \$350 online course fee – payable to Ontario Artistic Swimming

\$350 Payment to OAS is made after prerequisites are completed as per the following options:

E-transfers at oaspayments@ontarioartisticswimming.ca

PayPal invoice – subject to 3% administration fee – request invoice from Sue at smwall@ontarioartisticswimming.ca

Cheques payable to Ontario Artistic Swimming – OAS must receive payment one week in advance of the course start date

*Please reference the Comp Intro course date and the candidate’s name.

There will be no refunds after the registration deadline.

Ontario Coaches are eligible for up to \$500 reimbursement through the Coaches Association of Ontario Coach Enhancement Bursary Program” Click here to apply <https://www.coachesontario.ca/programs-resources/funding-for-coaches/>

- Prerequisites:**
- Candidates must be 16 to register – no exceptions
 - Pre-req #1: Completed AquaGO! Modules 1-5. Completed Emergency Action Plan (EAP)
 - Complete Comp intro Pre-Course Homework Workbook
 - **NOTE:** The registration ‘button’ for the online course will open to candidates who complete their prerequisites.

Course Information:

- The course will be open to all coaches.
- A minimum number of 8 must be registered to run the course and a maximum of 12 will be accepted.
- Candidates must participate via video and audio – candidates must be visible throughout the course. It is your responsibility to ensure your equipment is working.
- Candidates will be considered registered once all prerequisites are completed and OAS has received payment.



- Candidates will receive a link to participate in the workshop no later than 2 days prior to the start of the course
- After completing modules 1-8, candidates will need to complete Module 9 (In Pool) to be eligible to coach. Once COVID-19 restrictions are lifted and coaching returns to normal candidates will have a limited time to complete Module 9 in order to receive full credit as being trained.
- To complete certification please see the information on the [ASC website > Coach Pathway](#).

DETAILED SCHEDULE FOR AUGUST 16– 20, 2023

	Date	Time
MODULES 1-8	Wed Aug 16	6:00pm-9:00pm
	Thurs Aug 17	6:00pm-9:00pm
	Fri Aug 18	6:00pm-9:00pm
	Sat Aug 19	9:00am-4:00pm
	Sun Aug 20	9:00am-4:00pm

DETAILED SCHEDULE FOR OCTOBER 13, 14 & OCTOBER 19-21, 2023

	Date	Time
MODULES 1-8	Fri Oct 13	6:00pm-9:00pm
	Sat Oct 14	9:00am-4:00pm
	Thurs Oct 19	6:00pm-9:00pm
	Fri Oct 20	6:00pm-9:00pm
	Sat Oct 21	9:00am-4:00pm



ONTARIO ARTISTIC SWIMMING IN POOL PRACTICAL WORKSHOPS

Comp Intro In Pool Practical

When: Saturday November 25, 2023

Time: 1:00pm-5:00pm

Where: Toronto Pan Am Sport Centre
875 Morningside Ave
Toronto

Cost: \$75

Registration: artisticswimmingcoach.ca



COMPETITION INTRODUCTION EVALUATION REQUEST PROCESS

Candidates submit “Competition Introduction Registration Form” using the link below:

https://ontarioartisticswimming.formstack.com/forms/comp_intro_eval_registration

Ontario Artistic Swimming assigns an evaluator for the candidate. The candidate is responsible for each of the three items to be evaluated. The assigned evaluator will contact the candidate directly and make all arrangements to complete the tasks.

Evaluations include:

- a. Portfolio Module (Evaluation Fee \$50) – sent to the evaluator by candidate via mail and to be completed first.
- b. In-training Module (Evaluation Fee \$50) - evaluator comes to the pool to evaluate your practice**
- c. In-Competition Module (Evaluation Fee \$50) – evaluator observes your coaching at a competition

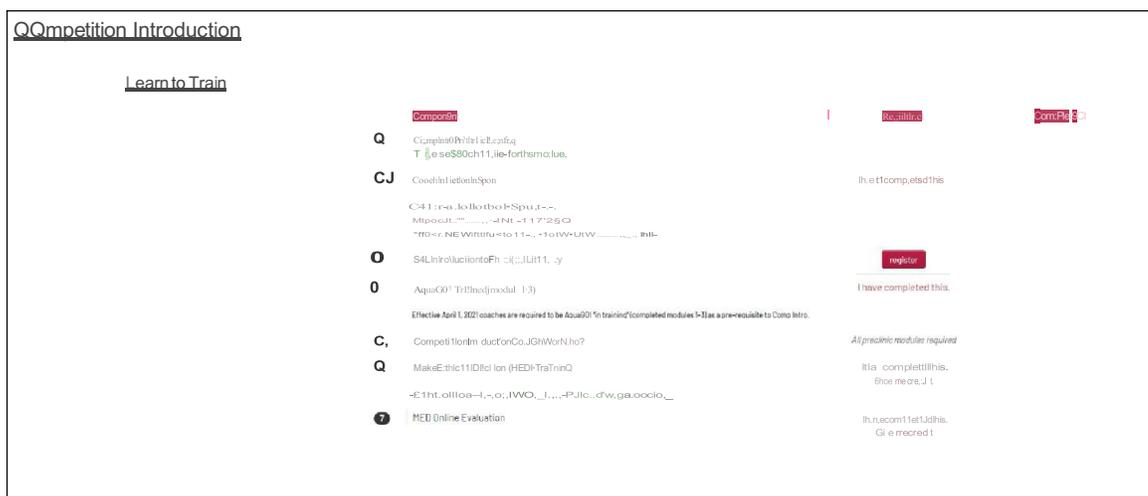
The evaluator makes arrangements with the candidate for the actual evaluations. The candidate covers travel costs for the evaluator and pays the fees and travel costs to the evaluator at the start of the evaluation.

Upon either successful or unsuccessful attempts at any of the three evaluations, the evaluator must submit results (along with candidate name, date, etc) to Ontario Artistic Swimming.

**Candidates will not be asked to pay more than the cost of the evaluation plus mileage (round trip) at \$0.40/km. In cases where the mileage exceeds \$50, Ontario Artistic Swimming will allow the candidate to submit a video for the In-Training evaluation. This applies only to the candidate’s first attempt to pass the module. Any subsequent evaluations after an unsuccessful attempt are not funded by Ontario Artistic Swimming; however, use of video may still apply.

Step-by-Step Registration Instructions

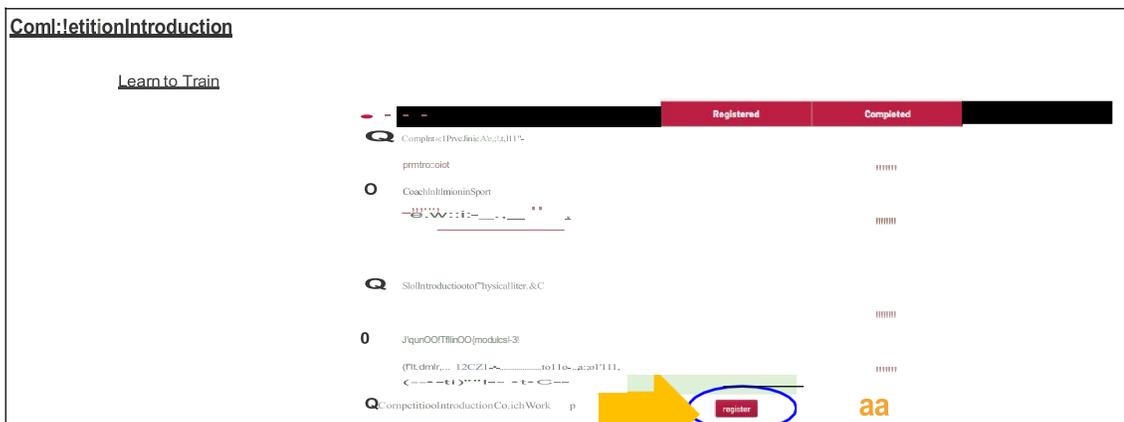
- Step 1:** Sign in to your account at www.artisticswimmingcoach.ca by clicking on **"Member Sign In"** and filling in your username and password and clicking **"Sign In"**.
- Step 2:** After logging in - make sure you are on **your "My Status"** page which should look like the screenshot below. Scroll down until you see Competition Introduction.

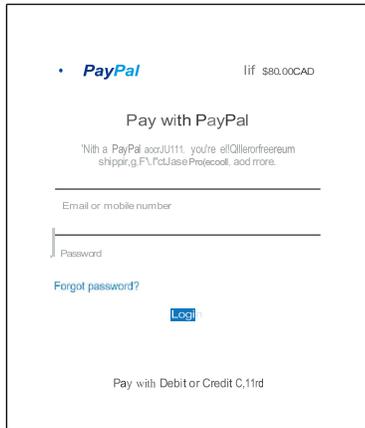


In order to be eligible to officially REGISTER for the COMPETITION INTRODUCTION workshop you must first complete the required prerequisites:

- (1) Comp Intro Preclinic Reading
- (2) Coach Initiation in Sport
- (3) S4L Introduction to Physical Literacy
- (4) AquaGO! Trained (modules 1-3)

ONCE #1-4 are complete **"register"** will appear next to **(5) Competition Introduction Coach Workshop:**





*If you have a PayPal account log in and continue with payment.

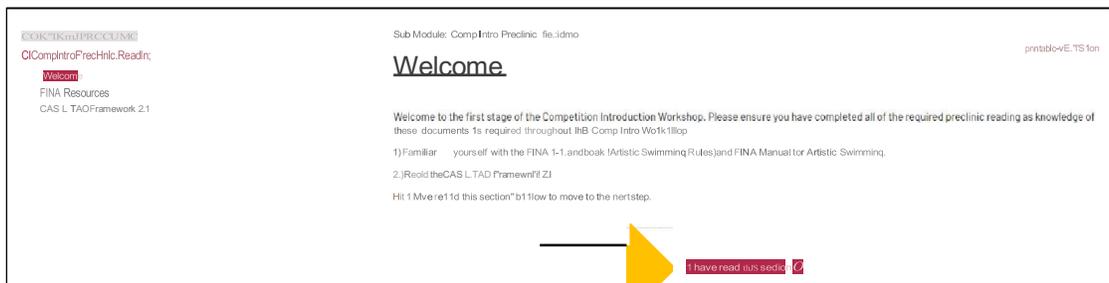
*If you do not have a PayPal account you can create one (if you want) OR you can just simply click on "Pay with Debit or Credit Card" and continue with the payment.

After completing your PayPal payment, you will see a confirmation page/receipt. It is recommended you take a screenshot/save for your records.

You will need to return to **www.artisticswimmingcoach.ca** and log back in.

A confirmation email with receipt will also be sent to you by PayPal.

Step 4: Type in **www.artisticswimmingcoach.ca** into your browser and you will be brought to the **Comp Intro Preclinic Reading** page. Read the page and then click "**I have read this section**"



On the next page review the FINA Resources (required reading in preparation for the Workshop - links provided). Once complete click "**I have read this section**"



On the next page review the CAS LTAD Framework 2.1 instructions (required reading in preparation for the Workshop - link). Once complete click "**I have read this section**"

SubModule: CompIntroPreclinicReading

CAS LTAD Framework 2.1

CAS LTAD Framework 2.1

Throughout the Competition Introduction Workshop you will be required to refer to the Canadian Artistic Swimming LTAD Framework 2.1. Please do not read the framework in the workshop.

Click here to see your current status

SubModule: CompIntroPreclinicReading

CONGRATULATIONS Kara!!!

You have completed Comp Intro Preclinic Reading

You have completed "Comp Intro Preclinic Reading" of Canada Artistic Swimming's National Coaches Education Program.

Click here to see your current status

Component	Registered	Completed
Comp Intro Preclinic Reading	✓	✓

You will then be taken to a summary page that concludes the section! Click on **"Click here to see your current Status"** which will bring you back to the **My Status** page, where you will see that you now have green check marks across Comp Intro Preclinic Reading

Step 5: The next step is to ensure you have completed the (2) **CAC Coach Initiation in Sport** and the (3) **S4L Introduction to Physical Literacy**.

**As AquaGO! Modules 1-3 are now a pre-requisite for Competition Introduction you should have completed these pre-requisites already and you will automatically have green check marks across these rows.*

Your "My Status" table for Competition Introduction should look like the screen shot below with green checkmarks across your (2) **Coach Initiation in Sport** and (3) **S4L Introduction to Physical Literacy** rows:

Competition Introduction

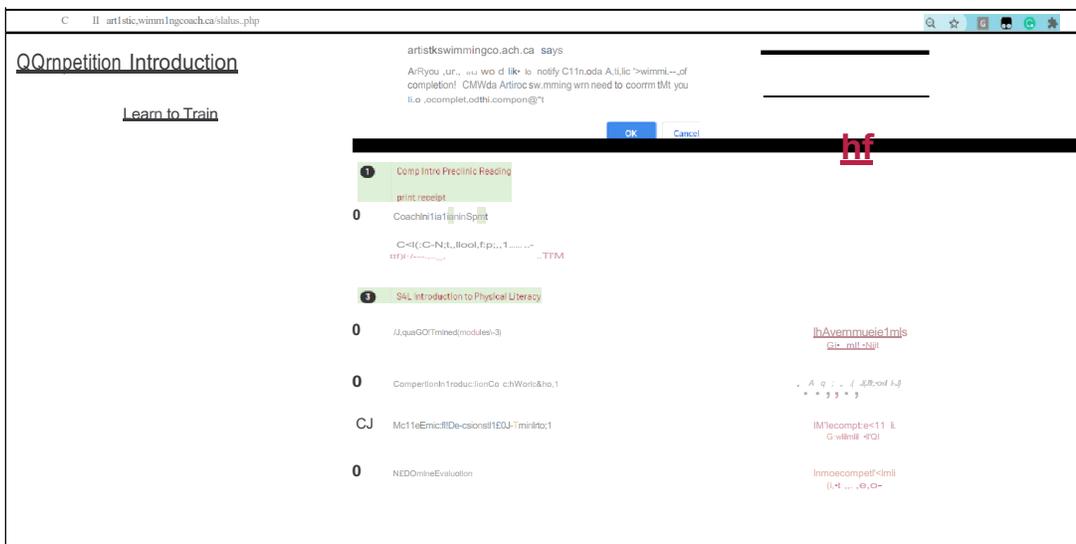
Learn to Train

Component	Registered	Completed
Comp Intro Preclinic Reading	✓	✓
Coach Initiation in Sport	✓	✓
S4L Introduction to Physical Literacy	✓	✓

Step 6: The next step is to confirm that you are **(4) AquaGO! Trained (modules 1-3)**. Effective April 1, 2021 coaches are required to be AquaGO! "in training" (completed modules 1-3) as a pre-requisite to Comp Intro. Click on **"I have completed this. Give me credit"**.



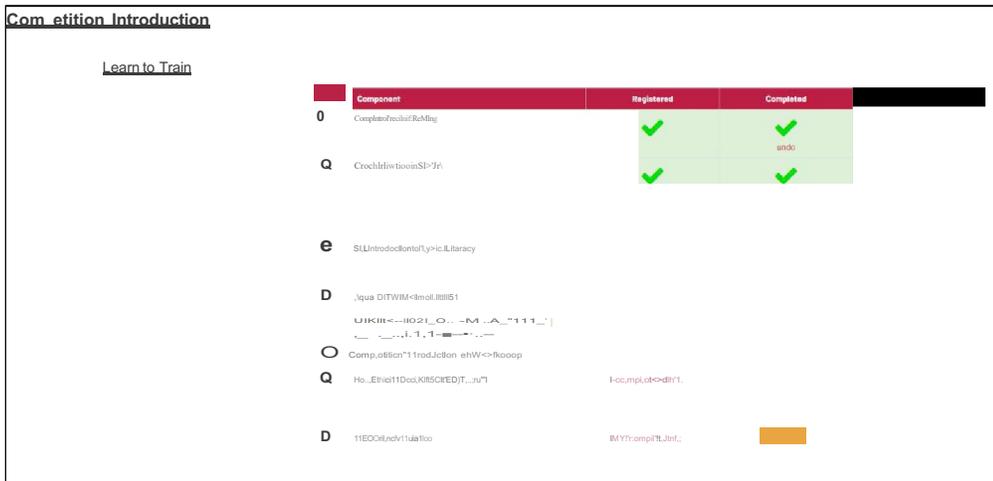
A pop-up box will appear on the screen - click "OK"



The (4) AquaGO! Trained (modules 1-3) row will then be yellow and state "PENDING CONFIRMATION" in Registered column.



Once your AquaGO! training is confirmed -your(4) AquaGO! Trained (modules 1-3) row will have green checks appear and you can proceed with registering for a Competition Introduction Coach Workshop.



Step 7:

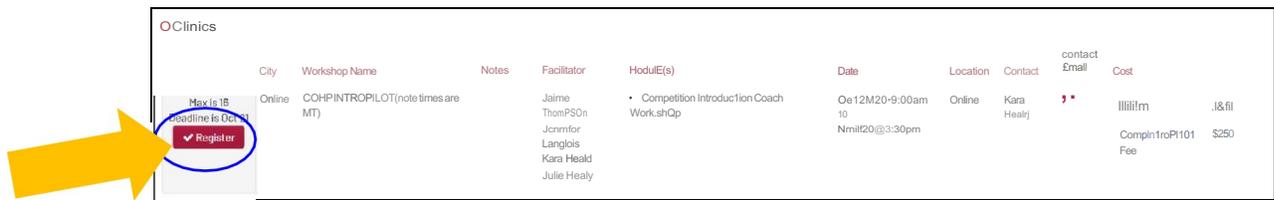
You will now see that **"register"** is now available next to **(4) Competition Introduction Coach Workshop**:



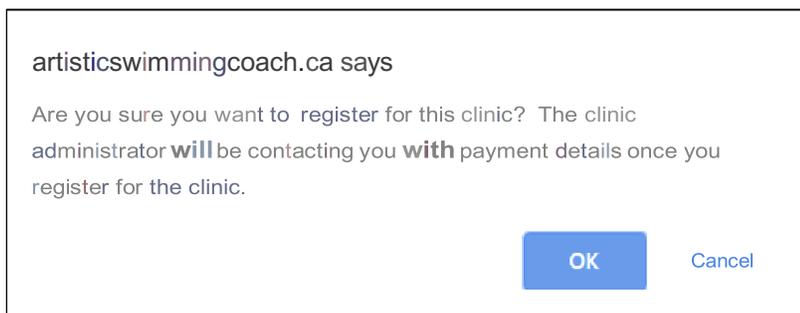
Click on **"register"** to register for the Competition Introduction Coach Workshop.

You will be taken to the clinics page on artisticswimmingcoach.ca.

When you see the clinic you want to register for click on **"Register"** in the first column:



A pop-up box will appear on the screen with the following message:



Click on **"OK"** to register and your PTSO will contact you with payment instructions OR will have PayPal set-up here. Contact your PTSO with any questions.

You will also receive a confirmation email.

You will then show a green **"REGISTERED"** box next to the clinic you have registered for.

Step 8: Return to your **My Status** page by clicking **"My Status"** on the top header.

You will see that you have a green checkmark in the **"Registered"** column for the **(5) Competition Introduction Coach Workshop** row and a **"Workshop Documents"** link has now appeared.

Click on **"Workshop Documents"** to see all of the documents you will be using for the Competition Introduction Workshop.

If you have any questions about the workshop contact your PTSO.

Competition Introduction

Learn to Train

Component	Registered	Completed	To CMC
0	✓	✓	-
0	✓	✓	-
SM Introduction to Physical Literacy			
0			
			
0	I have completed this.		
0	I have completed this.		