North - East
Regional League & Masters
Winter Meet 2024

INFORMATION PACKAGE

Version 1

ONTARIO
ARTISTIC
SWIMMING

01

GENERAL INFORMATION

Event Dates	Saturday, February 17, 2024
Entry Deadline	Thursday, February 8, 2024
Venue	Brewer Pool 100 Brewer Way Ottawa, ON K1S 5T1
Host Club	GO Capital Artistic Swimming Club
Meet Manager	Chris Duc
OAS Contact	[Lauren Lindner](#)
8U Events	Figures, Team
10U Events	Figures, Team
11-12 Events	Figures, Team
13-15 Events	Team
16-20 Events	Team
Adapted Events	Figures, Team
Mixed Ability	Team
Masters (All Age Categories)	Solo Tech, Solo Free, Duet Tech, Duet Free, Team Tech, Team Free, Free Combination, Acrobatic Routine
Rules	This competition will be held under Ontario Artistic Swimming Rules.
Byes	There will be no byes required for this meet.
Scratches	Scratches may be submitted digitally until the start of the competition. To submit a scratch, [click here](#). Once the competition had begun, scratches must be made on deck at the scoring table.

Gelling	This will be a gelling meet.
Awards	Ribbons will be awarded to the top six scores in each figure and routine event category. Ribbons will also be awarded to the top six championship scores in each age category. There will be no separate solo or duet categories.
Figure Draws	Figure draws have been attached below.

02

REGISTRATION FEES & PAYMENTS

Entry Deadline	Thursday, February 8, 2024
Entry Submission Information	Each club must submit their Excel registration booklet which includes a routine and figure entry list, invoice cost calculation and ISS-compatible athlete registration spreadsheet. Registrars will receive full instructions for completing their registration booklet by email.
Entry Fees: Regional League	Figures .... $30.00 per athlete Team .... $90.00 per routine Athlete Surcharge .... $10.00 per athlete
Entry Fees: Masters	Solo .... $65.00 per routine Duet .... $85.00 per routine Team .... $130.00 per routine Combo / Acrobatic Routine .... $150.00 per routine Athlete Surcharge .... $25.00 per athlete

Payment Options	Entry payments must be received by Ontario Artistic Swimming no later than 10 days following the registration deadline. Payments can be received through two methods: 1. Electronic Fund Transfers can be sent to oaspayments@ontarioartisticswimming.ca 2. Authorized Club Credit Cards or Personal Credit Cards To coordinate, please call Sue Marnica-Wall at 416-679-9522 (ext. 221)
Late Entries	Club entry packages which are not received or incomplete upon the stated deadline is automatically subject to a late fine of $25.00 per routine. This fine must be paid to the OAS office (for Ontario competitions) or to the Chief Referee/designate at the coaches meeting prior to the competition. Routines whose fines are not paid will be disqualified from the event. For Ontario sanctioned competitions, late entries or corrections to incomplete entries will be accepted beyond two weeks prior to the event start date, but will be subject to the following fines: **2 weeks (14 days) prior to first event of the competition:** $50.00 per correction (to a maximum of $500.00 per Club) Fines apply per figure event and/or per routine per event. **Within 24 hours of the first event of the competition:** $100.00 per correction (to a maximum of $500.00 per Club) Fines apply per figure event and/or per routine per event.

03

MUSIC SUBMISSION

Music Submission Deadline	Routine music files must be received one week prior to the start of the competition, by **Friday, February 9th, 2024.**
File Format	Digital music will be used at this competition. There must be one digital file for each registered routine in an mp3 format, with a minimum required resolution of 192kbps. Coaches are asked to review each digital file for quality, timing and completeness. Please ensure that volume is consistent throughout all cuts of music.
Dropbox Access	To avoid issues of Dropbox storage space, OAS will request music files from each coach be submitted into an OAS-owned Dropbox folder. Head coaches will receive access to the submission folder via email.
Labelling Conventions	Music files must be labelled with the following information, separated by underscores with NO blank spaces (underscores are acceptable). 1. Category 2. Event Name 3. Club Call Letters 4. Athlete Last Name For duets, use both last names. For teams, please use the first swimmer's last name, by alphabetical order For example: 8U_Team_WRASC_Smith.mp3 11-12_Team_LRASC_Jones-Chen.mp3 13-15_Team_IGNT_Bryant.mp3

Metadata & ID3 Tags	Metadata (also known as ID3 tags for MP3 files) is information (such as title, artist, album, genre etc.) that is stored inside the song file. This is often different from the name of the file itself. In order to avoid confusion at the competition music table, we ask coaches to ensure that the title of the song file, and the ID3 tag title of the song file are the same. For instructions on changing ID3 tags, click here for Windows and click here for iTunes.

04
COMMUNICATION & MEDIA

Email Policy	Entry and registration correspondence as required will be done through email using registrar contact information. Results will be emailed to head coaches following events.
Sportity	Competition information, schedules and results will be made available on Sportity using the following code: **WinterNERLMasters2024**
Communications	Meet packages and relevant information will be distributed by email through the OAS Communications account. Competition information, schedules and results will also be made available on the OAS website.

05
ACCESSIBILITY

Accommodation Requests	Accommodation requests may be submitted for Athletes, Coaches, Officials or Volunteers in need of additional support at any OAS sanctioned competition. To submit a request, click here.
Accessibility Coordinator	As per OAS meet manager guidelines, host clubs are asked to identify an accessibility coordinator. This information will be available prior to the meet,

FIGURE DRAWS

8 & Under

Figure Group #1	Somersault Back Tuck
	Sailboat Alternate

10 & Under

Figure Group #2	Somersault Front Pike
	Blossom

11-12

Figure Group #2	Ballet Leg Single
	Walkout Front

Adapted: Levels 1-5

Figure Group	Group #2