

TENTATIVE SCHEDULE

January 17-19, 2025 Etobicoke Olympium Etobicoke, ON Version: 01.14.25

| 10 & UNDER | 11-12 | YOUTH | | JUNIOR | | SENIOR |
|------------|-------|-------------------|----|--------|--|--------|
| | | D / MIXED LITY | OF | PEN | | |

| | 8:00AM | 8:20AM | W | Junior Solo Free & Senior Solo Free Warmup | | | |
|-----|---------|----------|----|--|--|--|--|
| | 8:25AM | | 4 | Senior National Solo Free Competition | | | |
| | | 8:55AM | 2 | Senior Provincial Solo Free Competition | | | |
| | 8:55AM | 9:40AM | 3 | Junior National Solo Free Competition | | | |
| | 0.55AM | | 6 | Junior Provincial Solo Free Competition | | | |
| | 9:40AM | 9:50AM | | 10 Minute Break | | | |
| | 9:50AM | 10:40AM | 10 | Junior Provincial Solo Free Competition (Cont.) | | | |
| | 10:45AM | 11:05AM | W | Youth Mixed Duet & Youth Duet Warmup #1 | | | |
| | 11:10AM | 11:15AM | 1 | Youth National Mixed Duet Competition | | | |
| | 11:15AM | 12:25PM | 14 | Youth National Duet Competition | | | |
| | 12:25PM | 12:45PM | W | Youth Duet Warmup #2 | | | |
| FRI | 12:50PM | 2:05PM | 15 | Youth Provincial Duet Competition | | | |
| 17/ | 2:10PM | 2:30PM | W | Senior Duet Free & Junior Duet Free Warmup | | | |
| 01 | 2:35PM | 3:10PM | 2 | Senior National Duet Free Competition | | | |
| | | 0.101 11 | 4 | Senior Provincial Duet Free Competition | | | |
| | 3:10PM | 3:20PM | | 10 Minute Break | | | |
| | 3:20PM | 4:30PM | 5 | Junior National Duet Free Competition | | | |
| | | | 9 | Junior Provincial Duet Free Competition | | | |
| | 4:35PM | 4:55PM | W | 11-12 Duet Warmup | | | |
| | 5:00PM | 6:10PM | 14 | 11-12 Duet Competition | | | |
| | 6:15PM | 6:35PM | W | Youth Solo Warmup | | | |
| | 6:40PM | 6:45PM | 1 | Youth National Mens Solo Competition | | | |
| | 6:45PM | 7:35PM | 5 | Youth National Womens Solo Competition | | | |
| | | 7.00111 | 4 | Youth Provincial Womens Solo Competition | | | |
| | 7:35PM | 7:45PM | | 10 Minute Break | | | |
| | 7:45PM | 8:35PM | 10 | Youth Provincial Womens Solo Competition (Cont.) | | | |

| | 8:00AM | 8:20AM | W | Junior Mixed Duet Tech, Junior Duet Tech & Senior Duet Tech Warmup |
|-----|------------------------|---------|---|--|
| SAT | 8:20AM | 8:25AM | 1 | Junior National Mixed Duet Tech Competition |
| 18/ | 18/ 01 8:25AM 9:25A | 0.254M | 9 | Junior National Duet Tech Competition |
| 01 | | 5 SAM | 5 | Junior Provincial Duet Tech Competition |
| | 9:25AM | 9:35AM | 3 | Senior National Duet Tech Competition |
| | 9:40AM | 10:00AM | W | Mixed Ability Duet Warmup |

| | 11:05AM | 2 | Mixed Ability Duet Level A Competition | | |
|-----------|---|---|--|--|--|
| 10:05AM | | 7 | Mixed Ability Duet Level B Competition | | |
| | | 4 | Mixed Ability Duet Level C Competition | | |
| 11:10AM | 11:30AM | × | Adapted Team, Adapted Duet & 11-12 Solo Warmup | | |
| 11:30AM | 11:35AM | 1 | Adapted Team Competition | | |
| 11.7E A M | 12:00PM | 2 | Adapted C Duet Competition | | |
| 11:35AM | | 3 | Adapted P Duet Competition | | |
| 12:00PM | 12:50PM | 10 | 11-12 Solo Competition | | |
| 12:55PM | 1:15PM | W | Adapted Solo Tech, Junior Solo Tech & Senior Solo Tech Warmup | | |
| 1.1EDM | 1:25PM | 1 | Adapted C6 Solo Tech Competition | | |
| 1:15PM | | 1 | Adapted P6 Solo Tech Competition | | |
| 1:25PM | 2:25PM | 6 | Junior National Solo Tech Competition | | |
| | | 6 | Junior Provincial Solo Tech Competition | | |
| | 2.E0DM | 3 | Senior National Solo Tech Competition | | |
| 2.23FT | 2.50FM | 4 | Senior Provincial Solo Tech Competition | | |
| 2:55PM | 3:25PM | W | Youth Team Warmup #1 | | |
| 7.7004 | | 9 | Youth National Team Competition | | |
| 5.50FM | 4.50FM | 4 | Youth Provincial Team Competition | | |
| 4:50PM | 5:20PM | W | Youth Team Warmup #2 | | |
| 5:20PM | 6:40PM | 15 | Youth Provincial Team Competition (Cont.) | | |
| 6:45PM | 7:15PM | W | Junior Team Tech & Senior Team Tech Warmup | | |
| 7:20PM | 9.E0DM | 7 | Junior National Team Tech Competition | | |
| | 0.00111 | 8 | Junior Provincial Team Tech Competition | | |
| 8.50DM | 9.UUDM | 2 | Senior National Team Tech Competition | | |
| 0.00111 | 5.00F M | 1 | Senior Provincial Team Tech Competition | | |
| | 11:10AM 11:30AM 11:35AM 12:00PM 12:55PM 1:15PM 1:25PM 2:25PM 2:55PM 2:55PM 3:30PM 5:20PM 6:45PM 5:20PM 7:20PM | III:30AM II:35AM III:35AM I2:00PM I2:00PM I2:50PM I2:55PM I:15PM I1:25PM I:25PM I1:25PM 2:25PM I1:25PM 2:25PM I1:25PM 3:25PM I1:25PM 3:20PM I1:25PM 5:20PM I1:25PM 5:20PM | 10:05AM11:05AM710:05AM11:30AMW11:10AM11:30AMW11:30AM11:35AM711:30AM12:00PM211:35AM12:00PM1012:00PM12:50PM1012:55PM1:15PM11:15PM1:25PM11:25PM2:25PM61:25PM2:25PM62:25PM2:50PM62:55PM3:25PM62:55PM3:25PM42:55PM3:25PM43:30PM4:50PM44:50PM5:20PM95:20PM5:20PM156:45PM5:20PM156:45PM787:20PM8:50PM78:50PM9:00PM2 | | |

| | 8:00AM | 8:30AM | W | Free Combination & Acrobatic Team Warmup | | | | |
|-----|---------|---------|----|--|--|--|--|--|
| | 8:35AM | 8:40AM | 1 | National Free Combination Competition | | | | |
| | 8:40AM | 9:15AM | 7 | National Acrobatic Routine Competition | | | | |
| | | | 1 | Provincial Acrobatic Routine Competition | | | | |
| | 9:20AM | 9:40AM | W | Adapted Solo Warmup | | | | |
| | 9:45AM | 11:15AM | 13 | Adapted C Solo Competition | | | | |
| | | | 8 | Adapted P Solo Competition | | | | |
| SUN | 11:20AM | 11:50AM | W | Junior Team Free Warmup | | | | |
| 19/ | 11:55AM | 1:15PM | 4 | Junior NationalTeam Free Competition | | | | |
| 01 | | | 7 | Junior Provincial Team Free Competition | | | | |
| | 1:20PM | 1:50PM | W | Mixed Ability Team Warmup | | | | |
| | 1:55PM | 2:30PM | 3 | Mixed Ability Team A Competition | | | | |
| | | | 4 | Mixed Ability Team B Competition | | | | |
| | 2:35PM | 3:05PM | W | 11-12 Team Warmup #1 | | | | |
| | 3:10PM | 4:10PM | 10 | 11-12 Team Competition | | | | |
| | 4:10PM | 4:40PM | W | 11-12 Team Warmup #2 | | | | |
| | 4:45PM | 5:40PM | 9 | 11-12 Team Competition (Cont.) | | | | |