# JANUARY ROUTINE MEET

**INFORMATION FOR COACHES, ATHLETES & FAMILIES** 





- **Drop-Off**: Roundabout near the entrance.
- Main Parking: Lot in front of the building.
- Overflow Parking: Lot north of the building



Expect the parking lot to be very busy as another event is happening at the Olympium.

#### WHAT'S CLOSE BY

#### **Plaza Across the Street:**

- No Frills
- Stacked Pancake House
- Domino's Pizza

#### **Additional Options:**

- Tim Hortons: 1.4 km away
- Starbucks: 3 locations, each about a 7-minute drive



#### **Applying Gel:**

- Whenever possible, athletes should apply gel at home or at their hotel/accommodation.
- If this isn't feasible, gel can be applied in the small meeting room on the main floor. Signs will be posted to guide you.
- Important: Do not plug in crockpots elsewhere in the building as it may blow fuses due to the building's age.

#### **Removing Gel & Bobby Pins:**

- Athletes are encouraged to remove gel at home or their hotel whenever possible.
- If gel removal must be done on-site, please use the showers and **ensure they are left clean.** Dispose gel/bobby pins in the garbage to maintain cleanliness.



### ON SITE CONCESSION: SECOND FLOOR CAFETERIA

Treat yourself to freshly brewed coffee, cold drinks, delicious snacks, baked goods, and savory samosas. Stop by and grab a bite!

**PREMIUM TICKETS** 

## RAPTORS RAFFLE



Raptors vs Memphis Grizzlies Wednesday, February 5, 2025 Seats in ScotiaClub!

## ON SITE VENDORS SECOND FLOOR CAFETERIA

**JOLYN POP-UP** 

• Saturday: 3:30 to 7:00

Sunday: 1:30 to 5:30



## **SJY Costume Design**

• Saturday: 12:00 to 6:30

## **TICKET INFORMATION**

Tickets will be available for purchase just outside the entrance to the pool stands.

### **Pricing:**

1-Day Admission: \$12.00

2-Day Admission: \$22.00

3-Day Admission: \$30.00

Children Under 10: Free

Please pick up after yourself and keep the facility tidy for everyone to enjoy.