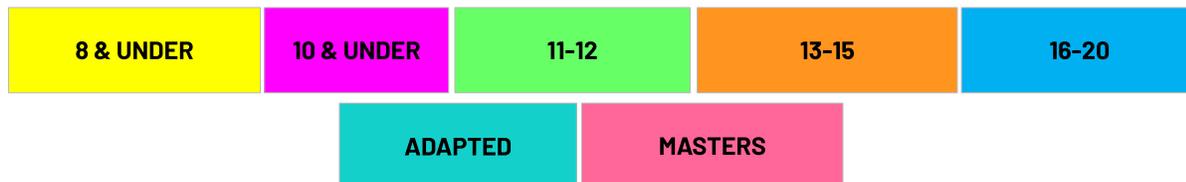


2026 NORTH/EAST REGIONAL LEAGUE & MASTERS WINTER MEET

January 24, 2026
Queens University Athletic Recreation Centre
Kingston, Ontario

TENTATIVE SCHEDULE

Version 01.19.2026



SAT 24 /01	11:15 AM	11:20 AM	1	Masters Free Team Competition (in connection with CUASL Experienced Team)
	12:00 PM	12:25 PM	W	8U, 10U & 11-12 Figure Warmup
	12:30 PM	12:45 PM	8	8 & Under Figure Competition (1 Panel)
	12:45 PM	12:50 PM	1	10 & Under Figure Competition (1 Panel -following 8U Figures)
	12:30 PM	1:05 PM	21	11-12 Figure Competition (1 Panel)
	1:10 PM	1:35 PM	W	Masters Tech Solo & Tech Duet Warmup
	1:40 PM	1:55 PM	3	Masters Tech Duet Competition
	2:00 PM	2:25 PM	W	13-15 Team Warmup
	2:30 PM	3:00 PM	6	13-15 Team Competition
	3:00 PM	3:05 PM	1	Masters Tech Team Competition
	3:10 PM	3:30 PM	W	8U Team & 11-12 Team Warmup
	3:35 PM	3:45 PM	2	8 & Under Team Competition
	3:45 PM	4:05 PM	4	11-12 Team Competition
	4:10 PM	4:30 PM	W	16-20 Team Warmup
	4:35 PM	5:00 PM	5	16-20 Team Competition
	5:00 PM	5:25 PM	W	Masters Free Solo & Free Duet Warmup
	5:30 PM	5:45 PM	3	Masters Free Solo Competition
5:45 PM	6:00 PM	3	Masters Free Duet Competition	