



February 11-15, 2026  
 Markham Pan Am Centre  
 Markham, Ontario

# TENTATIVE SCHEDULE

Version 02.04.2026

|                                   |              |              |               |               |
|-----------------------------------|--------------|--------------|---------------|---------------|
| <b>10 &amp; UNDER</b>             | <b>11-12</b> | <b>YOUTH</b> | <b>JUNIOR</b> | <b>SENIOR</b> |
| <b>ADAPTED/<br/>MIXED ABILITY</b> |              | <b>OPEN</b>  |               |               |

|                           |         |         |   |   |
|---------------------------|---------|---------|---|---|
| <b>WED<br/>11/<br/>02</b> | 6:00 PM | 6:30 PM | <b>W</b>                                | Junior & Senior Solo Free Warmup        |
|                           | 6:35 PM | 7:55 PM | 5                                       | Junior National Solo Free Competition   |
|                           |         |         | 11                                      | Junior Provincial Solo Free Competition |
|                           | 7:55 PM | 8:40 PM | 5                                       | Senior National Solo Free Competition   |
| 4                         |         |         | Senior Provincial Solo Free Competition |   |

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|---------------------------|----------|----------|--|---|
| <b>THU<br/>12/<br/>02</b> | 8:00 AM  | 8:30 AM  | <b>W</b>                                 | Senior Duet Tech & Junior Duet Tech Warmup  |
|                           | 8:35 AM  | 9:00 AM  | 4  | Senior National Duet Tech Competition       |
|                           |          |          | 1  | Senior Provincial Duet Tech Competition     |
|                           | 9:00 AM  | 9:05 AM  | 1  | Junior National Mixed Duet Tech Competition |
|                           | 9:05 AM  | 10:05 AM | 9  | Junior National Duet Tech Competition       |
|                           |          |          | 3  | Junior Provincial Duet Tech Competition     |
|                           | 10:10 AM | 10:40 AM | <b>W</b>                                 | Youth Mixed Duet & Youth Duet Warmup #1     |
|                           | 10:45 AM | 10:50 AM | 1  | Youth National Mixed Duet Competition       |
|                           | 10:55 AM | 11:50 AM | 11                                       | Youth National Duet Competition             |
|                           | 11:55 PM | 12:25 PM | <b>W</b>                                 | Youth Duet Warmup #2                        |
|                           | 12:30 PM | 2:30 PM  | 23                                       | Youth Provincial Duet Competition           |
|                           | 2:35 PM  | 3:05 PM  | <b>W</b>                                 | Adapted, Junior & Senior Solo Tech Warmup   |
|                           | 3:10 PM  | 3:20 PM  | 2  | Adapted P6 Solo Tech Competition            |
|                           | 3:20 PM  | 4:10 PM  | 1  | Junior National Male Solo Tech Competition  |
|                           |          |          | 4  | Junior National Solo Tech Competition       |
|                           |          |          | 5  | Junior Provincial Solo Tech Competition     |
|                           | 4:10 PM  | 4:40 PM  | 3  | Senior National Solo Tech Competition       |
|                           |          |          | 3  | Senior Provincial Solo Tech Competition     |
|                           | 4:45 PM  | 5:15 PM  | <b>W</b>                                 | Youth Solo Warmup                           |
|                           | 5:20 PM  | 6:30 PM  | 1  | Youth National Mens Solo Competition        |
| 13                        |          |          | Youth National Womens Solo Competition   |   |
| 6:30 PM                   | 7:40 PM  | 1        | Youth Provincial Mens Solo Competition   |   |
|                           |          | 12       | Youth Provincial Womens Solo Competition |   |

|                           |          |          |  |   |
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| <b>FRI<br/>13/<br/>02</b> | 8:00 AM  | 8:30 AM  | <b>W</b>                                 | 11-12 Duet Warmup #1                        |
|                           | 8:35 AM  | 9:55 AM  | 16                                       | 11-12 Duet Competition                      |
|                           | 10:00 AM | 10:30 AM | <b>W</b>                                 | 11-12 Duet Warmup #2                        |
|                           | 10:35 AM | 11:55 PM | 16                                       | 11-12 Duet Competition (Cont.)              |
|                           | 12:00 PM | 12:30 PM | <b>W</b>                                 | Mixed Ability Duet Warmup                   |
|                           | 12:35 PM | 2:00 PM  | 4  | Mixed Ability Duet Level A Competition      |
|                           |          |          | 9  | Mixed Ability Duet Level B Competition      |
|                           |          |          | 4  | Mixed Ability Duet Level C Competition      |
|                           | 2:05 PM  | 2:35 PM  | <b>W</b>                                 | Senior Duet Free & Junior Duet Free Warmup  |
|                           | 2:40 PM  | 3:00 PM  | 3  | Senior National Duet Free Competition       |
|                           |          |          | 1  | Senior Provincial Duet Free Competition     |
|                           | 3:00 PM  | 3:40 PM  | 1  | Junior National Mixed Duet Free Competition |
|                           |          |          | 4  | Junior National Duet Free Competition       |
|                           |          |          | 3  | Junior Provincial Duet Free Competition     |
|                           | 3:45 PM  | 4:15 PM  | <b>W</b>                                 | Mixed Ability Team Warmup                   |
|                           | 4:20 PM  | 4:45 PM  | 1  | Mixed Ability Team A Competition            |
|                           |          |          | 3  | Mixed Ability Team B Competition            |
|                           |          |          | 1  | Mixed Ability Team C Competition            |
|                           | 4:50 PM  | 5:20 PM  | <b>W</b>                                 | 10U & Adapted Duet Warmup                   |
|                           | 5:25 PM  | 6:45 PM  | 11                                       | 10U Duet Competition                        |
|                           |          |          | 2  | Adapted C Duet Competition                  |
|                           |          |          | 3  | Adapted P Duet Competition                  |
|                           | 6:50 PM  | 7:20 PM  | <b>W</b>                                 | Free Combination & Acrobatic Routine Warmup |
| 7:25 PM                   | 7:40 PM  | 3        | National Free Combination Competition    |   |
| 7:40 PM                   | 8:05 PM  | 4        | National Acrobatic Routine Competition   |   |
|                           |          | 1        | Provincial Acrobatic Routine Competition |   |

|                  |          |          |     |   |
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| SAT<br>14/<br>02 | 7:30 AM  | 8:00 AM  | W   | Figure Warmup   |
|                  | 8:05 AM  | 10:15 AM | 17  | 10U Figures Competition (2 Panels)                              |
|                  | 10:25 AM | 2:35 PM  | 242 | 11-12 Figures Competition (2 Panels - following 10U Figures)    |
|                  | 8:05 AM  | 1:05 PM  | 233 | Youth Figures Competition (2 Panels)                            |
|                  | 1:15 PM  | 2:00 PM  | 31  | Adapted Figure Competition (2 Panels - following Youth Figures) |
|                  | 2:40 PM  | 3:10 PM  | W   | Junior Team Tech & Senior Team Tech Warmup                      |
|                  | 3:15 PM  | 4:25 PM  | 8   | Junior National Team Tech Competition                           |
|                  |          |          | 6   | Junior Provincial Team Tech Competition                         |
|                  | 4:25 PM  | 4:35 PM  | 2   | Senior National Team Tech Competition                           |
|                  | 4:40 PM  | 5:10 PM  | W   | 11-12 Team Warmup #1  |
|                  | 5:15 PM  | 6:40 PM  | 16  | 11-12 Team Competition  |
|                  | 6:45 PM  | 7:15 PM  | W   | 11-12 Team Warmup #2  |
|                  | 7:20 PM  | 8:50 PM  | 16  | 11-12 Team Competition (Cont.)                                  |

|                  |          |          |    |   |
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| SUN<br>15/<br>02 | 7:30 AM  | 8:00 AM  | W  | Youth National & Provincial (Draw #1-6) Team Warmup |
|                  | 8:05 AM  | 8:55 AM  | 8  | Youth National Team Competition                     |
|                  | 8:55 AM  | 9:35 AM  | 6  | Youth Provincial Team Competition                   |
|                  | 9:40 AM  | 10:10 AM | W  | Youth Provincial (Draw #7-20) Team Warmup           |
|                  | 10:15 AM | 11:35 AM | 14 | Youth Provincial Team Competition                   |
|                  | 11:40 AM | 12:10 PM | W  | Adapted Team & Adapted Solo Warmup                  |
|                  | 12:15 PM | 1:20 PM  | 2  | Adapted Team Competition                            |
|                  |          |          | 9  | Adapted C Solo Competition                          |
|                  |          |          | 7  | Adapted P Solo Competition                          |
|                  | 1:25 PM  | 1:55 PM  | W  | 10U Team Warmup                                     |
|                  | 2:00 PM  | 3:15 PM  | 15 | 10U Team Competition                                |
|                  | 3:20 PM  | 3:50 PM  | W  | Junior Team Free Warmup                             |
|                  | 3:55 PM  | 4:40 PM  | 3  | Junior National Team Free Competition               |
|                  |          |          | 5  | Junior Provincial Team Free Competition             |