



Ontario Jeux  
Winter d'hiver de  
Games l'Ontario

# SPACING SCHEDULE

Thursday, February 26, 2026

SPACING TIME	CLUB	Music Time for group	Warmup Start	Music Time Start	Music Time End	Warmup end
			Warmup Pool	Competition Pool		Warmup Pool
30 MINUTE WARMUP						
5:00	Kawartha Artistic Swimming Club	50	9:00 AM	9:30AM	9:35 AM	10:50 AM
30:00	Durham Artistic Swimming Club			9:35AM	10:05 AM	
15:00	Olympium Artistic Swimming Club			10:05AM	10:20 AM	
5 MINUTE BREAK						
15:00	Mississauga Artistic Swimming Club	50	9:55 AM	10:25 AM	10:40 AM	11:45 AM
15:00	Toronto Artistic Swimming Club			10:40 AM	10:55 AM	
20:00	Ignite Artistic Swimming Club			10:55 AM	11:15 AM	
5 MINUTE BREAK						
25:00	Waterloo Region Artistic Swimming Club	60	10:50 AM	11:20 AM	11:45 AM	12:50 PM
35:00	York Artistic Swimming Club			11:45 AM	12:20 PM	
5 MINUTE BREAK						
20:00	Brant Artistic Swimming Club	45	11:55 AM	12:25 PM	12:45 PM	1:40 PM
25:00	London Regional Artistic Swimming Club			12:45 PM	1:10 PM	
5 MINUTE BREAK						
35:00	GO Capital Artistic Swimming Club	60	12:45 PM	1:15 PM	1:50 PM	2:45 PM
25:00	Nepean Artistic Swimming Club			1:50 PM	2:15 PM	

Spacing time has been calculated based on 5 minutes per routine entered. Grouped clubs may choose to share time and stagger their routines within the full group time allowance, or to follow the provided times for each club.

Clubs are asked to submit a spacing music file to their club's music Dropbox folder, or to provide a run sheet in advance of Thursday, February 26th. For questions on spacing, please reach out to Lauren Lindner at [llindner@ontarioartisticswimming.ca](mailto:llindner@ontarioartisticswimming.ca).